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**W**

Wash your hands often.



**H**

Home is where you stay when you are sick.

**A**

Avoid touching your eyes, nose, and mouth.

**C**

Cover your coughs and sneezes.



**K**

Keep your distance from people who are coughing and sneezing.

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**Public Health Cares**

▶ About Napa County Kids!



A Tradition of Stewardship  
A Commitment to Service



**Public Health**  
Prevent. Promote. Protect.

Napa County Health and Human Services Agency  
Public Health Division

Materials adapted from City of Berkeley Public Health

[www.countyofnapa.org/whacktheflu](http://www.countyofnapa.org/whacktheflu)