

Mental Health Board Meeting Minutes

February 10, 2014

4:00 pm – 6:00 pm

HHSB Bldg. K Conference Room

Chair:	Robin Timm	Vice Chair:	Tracey Stuart
Minutes:	LuAnn Pufford, Sr. Office Assistant		

---- Agenda Topics ----

1. Call to Order

The meeting was brought to order at approximately 4:05 p.m. by Chair Robin Timm.

2. Roll Call/Introductions

The Napa County Mental Health Board (MHB) met in regular session on Monday, February 10, 2014, with the following members present: Chair Robin Timm and members Bill Grandrath, Robert Erwin, Rowena Korobkin, Linda Mallett, Beryl Nielsen, Candice Simonds and Supervisor Keith Caldwell. Member John Pearson, and Vice-Chair Tracey Stuart were excused.

Napa County Staff present: Mental Health Director Jaye Vanderhurst, MHSA Project Manager Felix Bedolla, and Sr. Office Assistant LuAnn Pufford.

3. Public Comment

A member of the public who requested her name not to be published asked how the MHSA Annual Plan Update Public Hearing addresses homelessness and which agencies in the county receive those funds. She has been homeless for many years and there is a great need for more affordable housing for individuals we serve. Chair Robin Timm commented that at the previous month's Mental Health Board meeting there was a panel of guest speakers who talked about housing and programs/services for homeless individuals. This topic is of great interest and concern to the Mental Health Board.

4. Approval of Consent Items

Chair Robin Timm requested a change to the January minutes regarding the document written by member John Pearson regarding Napa State Hospital and the Napa County Jail. Chair Timm requested that the minutes reflect the Mental Health Board's support of the position of the paper, not the document itself. With this change noted, a motion to approve the minutes from the January 13, 2014 meeting was made by member Linda Mallett and was seconded by member Rowena Korobkin. The motion was approved with All Ayes. No members were opposed.

5. Announcements and Board Discussion

A. Chair Robin Timm made the following announcements:

- Reminder to the Board members to log their activities related to representing the Mental Health Board at any and all outside committee meetings or events.
- There is a Christmas gift fair at the Napa County fairgrounds and the proceeds from this event are donated for mental health services. The person in charge of this event has been invited to speak to the MHB in the future, if she has the time.

- Member Bill Grandrath has written a proposal for a Budget Workgroup. Mr. Grandrath shared a handout on mental health programs and funding with the MHB members for their information.
- Next month's meeting will take place at St. Helena School District, Vintage Hall, 465 Main Street, St. Helena, CA 94574, on Monday, March 10th, from 4:00 to 6:00 pm.
- Member Beryl Nielsen commented that the invoice of annual dues for the California Association of Local Mental Health Boards (CALMHB) supports this organization's efforts in training local Boards on best practices, rules and regulations. A motion to continue supporting this organization with payment of the annual dues was made by member and Supervisor Keith Caldwell and was seconded by member Rowena Korobkin.

6. Old Business

- A. None.

7. New Business

- A. Chair Robin Timm opened the Public Hearing on the Mental Health Services Act (MHSA) Annual Plan Update for FY 2013-14 at approximately 4:25 pm. MHSA Project Manager Felix Bedolla gave the MHB an overview / highlights of the Annual Plan Update as follows:

The Mental Health Division's FY 13-14 Mental Health Services Act (MHSA) Annual Plan Update (hereafter Annual Plan Update) is a review of the status of all existing MHSA component projects, revisions to those approved projects and final outcomes of one-time or capacity building projects. The Annual Plan Update includes service updates for FY 12-13, expenditures through June 30, 2013, and projected expenditures and new program summaries for FY 13-14.

Program Expansion:

Two CSS programs were expanded in fiscal year 12-13: the Transition Age Youth (TAY) Full Service Partnership (FSP) Program and the Older Adult (OA) FSP Program.

Prevention and Early Intervention Efforts:

Functional Family Therapy (FFT) is strength-based clinical model designed for at-risk adolescents. Mental Health Division, Aldea Children and Family Services, Wolfe Center, and Napa County Probation staff have received training and support to implement FFT, which includes services to youth and their families, with consultation, mentoring and technical assistance from the California Institute for Mental Health (CIMH).

The Early Onset PEI Project was envisioned as a partnership with the Mental Health Division, the Napa County Special Education Local Plan Area (SELPA), Voice Our Independent Choices for Emancipation Support (VOICES), and the University of California at Davis (UCD). The Division continued to explore other options with local providers including Aldea Children and Family Services, which was able leverage additional funding through Auction Napa Valley. Aldea will be implementing an Early Intervention program based on the UC Davis model in early summer of 2014.

After the overview of the Annual Plan Update, Mr. Bedolla commented that based on tax revenue, the state has adjusted funding projections of MHSA programs resulting in an 11% reduction in the Workforce Education and Training funding this year. In

response to this reduction, Napa County will be utilizing funds from the Prudent Reserve account in order to continue with the current programs and services.

Board members and members of the public were given an opportunity to ask questions and/or provide feedback. MHB member Bill Grandrath and Terri Restelli-Deits, member of the public, submitted their written comments. When the written comments are reviewed, if there are substantive changes to the Annual Plan Update based on those comments, it will be reflected in the final version of the document. Terri Restelli-Deits thanked the Mental Health Division, and Mr. Bedolla in particular, for the time and effort taken to provide information in the report. Ms. Restelli-Deits expressed concern as to funding for Innovations and PEI programs and services for the older adult population. She also expressed disappointment in the lack of training for staff who work with the older adult population. She requested Gero-Psychiatric and older adult curriculum be included in future training plans.

At approximately 4:50 pm Chair Robin closed the Public Hearing and thanked both members of the public and the MHB for their comments.

- B. Member Rowena Korobkin spoke about the Crisis Intervention Training (CIT) Conference she recently attended. The conference offered various workshops on topics ranging from mental health in schools to homeless outreach programs and suicide prevention. The keynote speaker on suicide prevention was excellent.
- C. The discussion on MHB member representation on other committees was tabled, as member John Pearson was unable to attend today's meeting.
- D. Mental Health Director Jaye Vanderhurst made the following announcements:
 - California Institute for Mental Health (CiMH) provided the stipend for the one MHB member, Ms. Rowena Korobkin, to attend the CIT conference. Napa County will be implementing CIT training this spring for both law enforcement and mental health personnel.
 - Napa County Mental Health (NCMH) applied for and was awarded the MHSOAC Crisis Triage grant as part of SB82, which will provide funding for six crisis triage staff via a contract with Family Services of Napa Valley and Progress Foundation.
 - There is a second grant that NCMH applied for with the California Health Financing Authority. If awarded to NCMH, this would also provide for a mobile outreach Nurse Practitioner and Paramedic/EMT to respond to community requests for assistance that are not necessarily medical emergency situations.
 - The Mental Health Division is pleased to welcome Dr. Rebecca (Becky) Gladding as the full-time Psychiatric Medical Director.
 - Supervisor Caldwell has volunteered to facilitate two community meetings on stigma reduction. The first one will take place on March 11th at 6:00 pm at Napa Valley Unified School District and the second one will take place on April 9th in American Canyon at the Library. There is also a town hall meeting in May and Supervisor Caldwell volunteered to facilitate that as well.
 - There is an Emergency Response Protocol which defines the roles and responsibilities of Law Enforcement, NCMH ERT staff, and Queen of the Valley Medical Center (QVMC) and our local 5150 facilities in dealing with individuals in a mental health crisis. This document has now been signed by all and will also be a part of the upcoming CIT training.

8. Today's Meeting Feedback

Board member comments:

- Consider establishing a "friendship line" for outreach to individuals who may feel isolated in the community.

9. Adjournment

A motion to adjourn was made at approximately 5:50 by member Rowena Korobkin and was seconded by member Linda Mallett. It was approved with all Ayes. There were no members opposed.