

Mental Health Board

Executive Committee Special

Zoom Meeting Minutes

May 13, 2020, 3:30 to 4:30

Chair:	MH Board Chair Kristyn Miles
Minutes:	LuAnn Pufford, Sr. Office Assistant
Members:	Kristyn Miles, Kristine Haataja, Beth Nelsen, Zachariah Geyer, Robert Palmer, Summer Thompson

---- Agenda Topics ----

1. Call to Order

The Executive Committee meeting was called to order at approximately 3:30 p.m.

2. Roll Call / Introductions

The Executive Committee of the Napa County Mental Health Board (MHB) met in Special session on Wednesday, May 13, 2020 with the following members present: Chair Kristyn Miles and members Kristine Haataja and Robert Palmer. Member Beth Nelsen arrived late. Member Zachariah Geyer was absent. Member Summer Thompson was excused.

Napa County Staff present: LuAnn Pufford, Sr. Office Assistant, and Sarah O'Malley, Mental Health Director.

3. Public Comment

None.

4. Executive Committee Member Comments

Member Kristine Haataja commented that she had heard there was an increase in calls to Organizational Providers regarding mental health concern, particularly around suicide and suicide prevention. She also suggested that the emails with information related to May is Mental Health Awareness month could be shared with schools and/or the school district, if they are not already receiving this information.

5. Approval of Minutes and Consent Items

A motion to approve the Minutes from the February 26, 2020 Executive Committee meeting was made by member Kristine Haataja. The motion was seconded by member Robert Palmer and passed with all Ayes. No members were opposed.

**See list of members under Roll Call/Introductions.*

6. Old Business

None.

7. New Business

- A. There was discussion of whether or not to continue with meetings during the Shelter In Place order. The consensus of opinion was yes, continue with online meetings using the Zoom platform, but no in person meetings.
- B. Two site visit reports were reviewed; Exodus Recovery and Progress Place site visits. A concern was raised about individuals being released to homelessness when their stay at Progress Place is over. A recommendation was made to increase connecting individuals with Abode and Center Point as an alternative to homelessness.
- C. Member Rob Palmer attended the Advisory Board on Alcohol & Drug Programs (ABAD) meeting and the MHSOAC Youth Innovation Project Planning Committee meeting. His Committee Liaison notes were discussed. The highlighted topics at ABAD were the increase in alcohol sales, depression, and drug use/abuse from the Covid-19 Pandemic. MHSOAC participants are developing ideas on how to reach out to youth in the community about recognizing and assessing for mental health concerns. Mr. Palmer suggested that someone from Napa participate in this project.
- D. Chair Kristyn Miles reminded the Executive Committee that it was time to poll MHB members to see who would be interested in serving as the Chair, and Vice-Chair for Fiscal Year 2020-21. Ms. Miles commented that she would be willing to serve another year as the MHB Chair. When asked if she would serve another year as Vice-Chair, Beth Nelson said that yes, she was willing to do that. Other member nominations for these positions will be requested at the June MHB meeting as well.
- E. Member Kristine Haataja is working on additions to the proposed MHB Budget. No additional Budget items were brought up for discussion at this time.
- F. Future MHB presentation topics discussed included the annual HHS and Mental Health Division budgets, EQRO Audit results, PATH and SAMHSA Grant Applications and funding, and youth mental health services in Napa County.
- G. Mental Health Director's report for the June MHB will include an overview of mental health services along with what the data is indicating related to the condition of the community members overall mental health and well-being at this time.
- H. Draft Agenda for June MHB Meeting:
 - 1. Presentation/Guest Speaker: Youth Mental Health Services
 - 2. PATH & SAMHSA Grant Application Overview
 - 3. Site Visit Reports: Exodus Recovery and Progress Place
 - 4. Nominations for MHB Chair and Vice-Chair for FY 2020-21
 - 5. Mental Health Director's Report/Update
 - 6. Committee/Work Group Updates (SAC, QIC, Suicide Prevention Council)
 - 7. CalBHBC Update – Theresa Comstock

8. Announcements & Informational Items

- A. Speaker Schedule Plan for 2019-20
 - 1. Overview of HHS and Mental Health Division Budget
 - 2. Non-Profit Organizations and MH Services in Napa
 - 3. MHS Innovations Project Updates
 - 4. Exodus Recovery Crisis Services
 - 5. Innovations in Mental Health Service Delivery: Tele-Health, Tele-Psychiatry, Text Based Services
- B. Napa County Mental Health Board <http://www.countyofnapa.org/HHS/MentalHealthBoard/>
- C. Next **MH Board Meeting**, June 8, 2020, online Zoom meeting. Details forthcoming.
- D. Next **Executive Committee Meeting**, June 24, 2020 3:30 – 4:30pm, online Zoom meeting. Details forthcoming.

9. Adjournment

A motion to adjourn the meeting was made by member Robert Palmer and was seconded by member and Vice-Chair Beth Nelsen. The motion passed with all Ayes. The meeting adjourned at approximately 4:47 pm.