

Mental Health Board Meeting Minutes

January 13, 2020, 4:00 to 6:00

2751 Napa Valley Corporate Drive, Building A, Oak Conference Room

Chair:	Kristyn Miles	Vice Chair:	Beth Nelsen
Minutes:	LuAnn Pufford, Sr. Office Assistant		

---- Agenda Topics ----

1. Call to Order

The meeting was called to order at approximately 4:00 p.m. by Chair Kristyn Miles.

2. Roll Call/Introductions

The Napa County Mental Health Board (MHB) met in regular session on Monday, January 13, 2020, with the following members present: Chair Kristyn Miles, Vice-Chair Beth Nelsen, Supervisor Ryan Gregory, Zachariah Geyer, Kristine Haataja, Tiffany Iverson, Rowena Korobkin, and Mirna Leiva-Gullord. Members Theresa Comstock, Rocky Sheridan and Shari Staglin were excused. Members Kathleen Chance and Summer Thompson were absent.

Napa County Staff present: LuAnn Pufford, Sr. Office Assistant; Sarah O'Malley, Mental Health Director.

Guest Speakers: Kimberly Danner, Assistant Deputy Director, Fiscal Division, Erika Hurtado-Ponce, Staff Services Analyst II, Fiscal Division, and Erin Nieuwenhuijs, Community Health Planner, Public Health Division.

3. Public Comment

Ms. Juanita Pena commented that the National Alliance on Mental Illness (NAMI) of Solano County is trying to establish an affiliate in Napa County. She also stated that there is a need for specific programs for individuals who have mental health and substance abuse disorders, more commonly known as dual diagnosis.

4. Board Member Comment or Announcements

Board member Comments were as follows:

- Member Kristine Haataja commented about an article in the Napa Register that the national non-profit organization, *This Is My Brave*, received a grant from the Napa Art's Council.

5. Approval of Minutes and Consent Items

A motion to approve the minutes from the December 9, 2019 meeting was made by member Rowena Korobkin. The motion was seconded by member Tiffany Iverson and passed with all Ayes. No *members were opposed.

**See list of members under item 2 Roll Call/Introductions.*

6. Old Business

- A. None

7. New Business

- A. Fiscal representatives Kimberly Danner, Assistant Deputy Director, and Erika Hurtado-Ponce, Staff Services Analyst II, gave an overview of the Mental Health Services Act (MHSA) Revenue and Expenditure Report and answered questions from MHB members.
- B. Guest speaker Erin Nieuwenhuijs, Community Health Planner, Public Health Division, gave a presentation on Live Healthy Napa County, a partnership of both public and private representatives with a shared vision of a healthy Napa County community. Live Healthy Napa County was formed in 2012, followed by a community survey and focus groups to identify both strengths and areas for improvement for residents of Napa County. Challenges identified were overweight and obesity, alcohol and substance use and abuse, mental health issues, and health inequities. These challenges formed the basis for the Community Health Improvement Plan which sought ideas and community input on how to improve the overall health of the Napa County community. Four areas were identified: Wellness and Healthy Lifestyles, Social Determinants of Health, Sustainable Partnerships, and Access to High Quality Health Care. Goals, objectives and activities around each of the four areas were developed and both public and private representatives have been working together to achieve these goals. Additional information can be found on the Napa County website at: <http://www.livehealthynapacounty.org/>
- C. Chair Kristyn Miles commented on the site visit schedule that was included in MHB member meeting packets. Members were asked to review the document to see if they had any questions. She then requested that Sr. Office Assistant LuAnn Pufford remind members about the process by which the site visits are scheduled. Member Supervisor Ryan Gregory volunteered to participate in the site visit to Crestwood Center in Angwin, along with member-to-be Rob Palmer who also volunteered for this site.
- D. Chair Kristyn Miles distributed copies of the newly created Committee Liaison form. She explained that MHB members who attend other committee meetings are being asked to write down up to three key points of interest and submit a copy of the form at the next MHB meeting. In addition, the member would also provide a brief verbal summary of those key points at the MHB meeting. Members agreed and also requested another copy of the list of local committee meetings. Member and Vice-Chair Beth Nelsen requested the Committee Liaison form be shared as an electronic form, not just a paper form.
- E. Mental Health Director Sarah O'Malley shared the following information:
 - a. Several open positions have been filled including the Psychiatric Medical Director, Dr. Patrick Nolan; Utilization Review Coordinator, Bobbi Moffatt; Quality Improvement Coordinator, Jennifer Menges, Supervisor II in Mental Health Adult Case Management, Gianna Thompson. Dr. Bitu Shaghaghi will be transitioning from a temporary position as a staff psychiatrist in the Adult Medication Clinic to a regular, full-time position in the Adult Medication Clinic.
 - b. There are two open positions remaining, one Supervisor position overseeing the Jail and Juvenile Hall and one Supervisor position in Children's Mental Health Services.
 - c. Governor Newsom has released his budget proposal to the state legislature for 2020-2021.
- F. Committee and Work Group updates were as follows:
 - 1. Quality Improvement Committee: Kristine Haataja – There is a pharmacy issue for Napa County Mental Health clients due to the closing of Family Drug; EQRO meetings went well and the Mental Health Division is waiting on the draft report; there has been improvement in the response to test phone calls to Exodus Recovery.

Suicide Prevention Council: Kristyn Miles – 988 suicide hotline proposal is moving forward; a Wellness app was distributed to Law Enforcement and their spouses; Napa Valley School District has an opportunity to apply for Grant funds for school based mental health services.

G. Member Theresa Comstock was not in attendance, so this update was tabled until next month.

8. Announcements & Informational Items

- A. Speaker Schedule Plan for FY2019-2020
 - 1. Local Hospital MH Treatment Services
 - 2. Senior Support Services
 - 3. Mental Health Services in Schools
 - 4. Non-Profit Organizations and MH Services in Napa
 - 5. MHSA Innovations Project Updates
 - 6. Exodus Recovery Crisis Services
 - 7. Innovations in Mental Health Service Delivery: Tele-Health, Tele-Psychiatry, Text Based Services
- B. **This Is My Brave** is returning to Napa Valley on February 8th and 9th, 2020 and is offering their spotlight to young people ages 14 - 24 who live bravely through mental health challenges or substance use disorders.
- C. Napa County **Mental Health Board web page** includes Executive Committee and Board meeting agendas, minutes & supporting documents: <http://www.countyofnapa.org/HHSA/MentalHealthBoard/>
- C. Next **MH Board Meeting**, February 10, 2020, 4:00 to 6:00pm, Napa County Health & Human Services Agency, 2751 Napa Valley Corporate Drive, Building A, 1st Floor, Oak Conference Room
- D. Next **Executive Committee Meeting**, January 22, 2019, 3:30 – 4:30pm, Napa County Health & Human Services Agency, 2751 Napa Valley Corporate Drive, Building A, 1st Floor, Manzanita Conference Room

9. Adjournment

A motion to adjourn the meeting was made by member Supervisor Ryan Gregory and was seconded by Vice-Chair Beth Nelsen. The motion passed with all Ayes. The meeting adjourned at approximately 5:30 pm.