Mental Health Board Meeting Minutes  
*January 14, 2019, 4:00 to 6:00*  
2751 Napa Valley Corporate Drive, Building A, Oak Conference Room

Chair: Kristine Haataja  
Vice Chair: Rowena Korobkin  
Minutes: LuAnn Pufford, Sr. Office Assistant

---- Agenda Topics ----

1. **Call to Order**

   The meeting was called to order at approximately 4:00 p.m. by Chair Kristine Haataja.

2. **Roll Call/Introductions**

   The Napa County Mental health Board (MHB) met in regular session on Monday, January 14, 2019, with the following members present: Chair Kristine Haataja, Vice-Chair Rowena Korobkin, and members Supervisor Ryan Gregory, Theresa Comstock, Zachariah Geyer, Tiffany Iverson, Kristyn Miles, Christine Lieber, and Kathleen Chance, Members Justine Zilliken. Mirna Leiva-Gullord, and Shari Staglin were excused. Members Larry Kamer and Rocky Sheridan were absent.

   Napa County Staff present: Jim Diel, Acting Mental Health Director, LuAnn Pufford, Sr. Office Assistant.

3. **Public Comment**

   Public Comments were as follows:
   - Teens Connect is offering Youth Mental Health First Aid Training on February 9th, 9:00 am to 4:30 pm at the Innovations Community Center. The training is for anyone ages 16 to 25. Contact nicole@teensconnectnapa.org to register.
   - There is a viewing of the film “Paper Tigers” on Sunday, January 30th, 6:00 pm at Congregation Beth Shalom. The film is about resilience in the face of challenges.
   - Thank you to MHB Chair Kristine Haataja and the MHB Executive Committee for the information included in the January MHB meeting packets.

4. **Approval of Minutes and Consent Items**

   A motion to approve the minutes from the December 10, 2018 meeting was made by member Theresa Comstock. The motion was seconded by Vice-Chair Rowena Korobkin and passed with all Ayes. * No members were opposed.

    *See list of members under item 2 Roll Call/Introductions.*

5. **Old Business**

   A. None
A. The presentation topic was “School Based Mental Health Services”. Guest speakers included Caroline Wilson and Ain-Tei Echauri, Court & Community Schools; Rob Weiss and Sarah Barry, Mentis; Kristin Nelson, and Alli Stanfield, Napa Valley Unified School District.

Court & Community Schools programs serve kids who have been expelled from public school primarily due to abuse, neglect and trauma. About 25% of those students are referred by Napa County Probation. Substance abuse among these students was noted as a huge problem. The Court & Community Schools programs “provide students with an individualized, self-contained classroom setting. All classrooms provide a variety of services to youth including probation support and counseling. Students are assessed upon admission and individualized learning plans are written based upon the student’s academic, behavior and social-emotional needs.”

Mentis provides mental health services to adults and children of all ages in Napa County. Mentis partners with local school districts to provide counseling to “children and teens in elementary, middle and high schools struggling with depression, violence, and family conflicts that are causing emotional, behavioral, and academic problems.”

Teens Connect is “a program that facilitates opportunities to support, engage, & empower teenagers by connecting to themselves, each other, our community and the world, through art and wellness programs, peer mentoring, and through local and global service projects.”

Mentis and Teens Connect work together to provide joint, school based mental health services at various middle schools and high schools throughout Napa County. Students are “introduced to the services through a Teens Connect “Teen World Café” where conversations are facilitated, allowing students the opportunity to discuss their specific issues and needs around their emotional health.”

Napa Valley Unified School District (NVUDS) has Wellness Centers located in American Canyon, Harvest, Redwood and Silverado Middle Schools. Wellness Centers provide a separate building dedicated to providing students with a safe space for assistance with mental health issues. Wellness Centers are staffed with a school nurse, school counselor, social worker, and school psychologist who assist students with issues such as stress, bullying, and depression. NVUSD works collaboratively with community partners such as Aldea, Cope and Napa County Health & Human Services, Mental Health Division.

B. Chair Kristine Haataja remarked that the Data Notebook Work Group proposal was included in the January meeting materials and asked if any MHB members would like to volunteer to participate in this project. Members Zachariah Geyer and Theresa Comstock volunteered to participate and report back to the MHB as soon as a draft report is ready.

C. A brief discussion ensued regarding the articles included in the MHB packets and the concept that Schizophrenia should be categorized as a brain disease. No item was proposed for a vote.

D. Acting Mental Health Director Jim Diel gave the following update:

- Thank you to each of the community partners who participated in today’s MHB meeting. The MH Division is pleased that the youth system of care continues to move in a positive direction.
- Please take a moment to take a look at the Napa County Legislative Platform document.
- Forensic mental health services are expanding at the Napa County detention center.
- The Mental Health Division just completed its fifth state audit in the last 4 months.
- Health & Human Services Agency has hired Mr. Scott Seaborn to serve as the new Compliance and Privacy Officer and Ms. Jennifer Yasumoto to serve as the HHSA Agency Director.
- Recruitment will soon commence for a permanent Mental Health Director.

E. Committee and Work Group updates were as follows:

- Community Outreach Work Group – Team lead Tiffany Iverson shared the following update:
  - Information on monthly MHB meetings has been posted to the online edition of the Napa Register community calendar
Research efforts are underway to determine who attends MHB meetings, why they attend, and where they found out about meeting dates and topics of interest.

Information on the MHB and meetings has been posted on social media such as Facebook and Nextdoor Napa.

- Stakeholder Advisory Committee (SAC) – No update was provided.
- Quality Improvement Committee (QIC) – At last month’s meeting Mental Health Division Supervisor Robin Merrill Payne spoke about forensic mental health services, CONREP, and mental health services provided to individuals in the Jail.

F. Member Theresa Comstock made the following announcements:
- CALBHBC is hosting a Behavioral/Mental Health Board training in Oakland in March
- NAMI California is hosting a series of cultural competence webinars
- CALBHBC has their All State meeting on April 9th and Capitol Day on April 10th

7. Announcements & Informational Items

A. MHB Chair Kristine is not able to continue to serve on the Napa County Suicide Prevention Council, due to a change in the meeting date. Please contact Kristine if anyone is interested in participating on the Suicide Prevention Council.

B. Speaker Schedule Plan for 2019

1. February: Older Adult Mental Health Issues and Services - Mike Mills, Napa County Older Adult Mental Health; Xavia Hendricksz, Healthy Minds Healthy Aging; St. Helena Hospital/Adventist Health
2. Tentative for March: Innovations in Mental Health Service Delivery - UC Davis Tele-Psychiatry, Crisis Text Line
3. Tentative for April: Joint Meeting with Alcohol & Drug Services Board (ABAD), Tom Holstein, Board Chair
4. Triennial State Audit, External Quality Review Organization (EQRO) Audit, & MHSA Audit Overview
5. Service Programs Provided by Mental Health Organizational Providers: Aldea Children & Family Services, Mentis, Progress Foundation
6. MHSA Innovations Projects Updates
7. Mental Health Division Budget Overview: HHSA Chief Fiscal Officer & Asst Chief Fiscal Officer
8. PATH & SAMHSA Grant Funding FY 2019-20 – Sandy Schmidt, MH Division SSA

C. Napa County Mental Health Board web page includes Executive Committee and Board meeting agendas, minutes & supporting documents: [http://www.countyofnapa.org/HHSA/MentalHealthBoard/](http://www.countyofnapa.org/HHSA/MentalHealthBoard/)

D. Next MH Board Meeting, February 11, 2019, Napa Valley College, Upper Valley Campus, 1088 College Avenue, St. Helena, CA 94574.

E. Next Executive Committee Meeting, January 28, 4:30 – 5:30pm, Napa County Health & Human Services Agency, 2751 Napa Valley Corporate Drive, Building A, 2nd Floor, Manzanita Conference Room


G. CALBHBC All State Meeting & Capitol Day: April 10, 2019, Sacramento

8. Adjournment

A motion to adjourn the meeting was made by Vice-Chair Rowena Korobkin and was seconded by member Theresa Comstock. The motion passed with all Ayes. The meeting adjourned at approximately 5:50 pm.