

# Mental Health Board Meeting Minutes

February 10, 2020, 4:00 to 6:00

2751 Napa Valley Corporate Drive, Building A, Oak Conference Room

<b>Chair:</b>	Kristyn Miles	<b>Vice Chair:</b>	Beth Nelsen
<b>Minutes:</b>	LuAnn Pufford, Sr. Office Assistant		

## ---- Agenda Topics ----

### 1. Call to Order

The meeting was called to order at approximately 4:03 p.m. by Chair Kristyn Miles.

### 2. Roll Call/Introductions

The Napa County Mental Health Board (MHB) met in regular session on Monday, February 10, 2020, with the following members present: Chair Kristyn Miles, Vice-Chair Beth Nelsen, and members Kathleen Chance, Theresa Comstock Zachariah Geyer, Kristine Haataja, Tiffany Iverson, Rowena Korobkin, Rocky Sheridan and Shari Staglin. Members Supervisor Ryan Gregory, Mirna Leiva-Gullord and Summer Thompson were excused.

Napa County Staff present: LuAnn Pufford, Sr. Office Assistant; Sarah O'Malley, Mental Health Director.

Guest Speakers: Jamie Bongiovi, Director of Behavioral Health, Ole Health

### 3. Public Comment

Mr. Steven Boyd, Clinical Director for Napa Programs, Progress Foundation made an announcement that at the upcoming City of Napa, City Council meeting on February 18<sup>th</sup>, there will be a discussion on a proposed housing project called Heritage House and Valle Verde Housing that could provide as many as 66 units of permanent supportive housing, including possible housing for individuals with mental health issues. Mr. Boyd encouraged MHB members to attend the City Council meeting in support of this potential housing development.

### 4. Board Member Comment or Announcements

Board member Comments were as follows:

- Member Zachariah Geyer announced that National Alliance on Mental Illness or NAMI was no longer pursuing the opening of Napa chapter.
- Chair Kristyn Miles thanked members Kristine Haataja, Beth Nelsen and Shari Staglin for their roles in the development and support of *This Is My Brave* performance in which Napa Valley youth ages 14-24 shared their stories of mental health recovery through storytelling, poetry, dance, and original music. It was a wonderful event!

### 5. Approval of Minutes and Consent Items

A motion to approve the minutes from the January 13, 2020 meeting was made by member Rocky Sheridan. The motion was seconded by member Rowena Korobkin and passed with all Ayes. No \*members were opposed; member Theresa Comstock abstained.

*\*See list of members under item 2 Roll Call/Introductions.*

## 6. Old Business

- A. None

## 7. New Business

- A. Guest speaker Jamie Bongiovi, Behavioral Health Director at Ole Health, gave a presentation on the programs and services provided by Ole Health. What began as one small room with volunteer physicians providing health care to local farm workers in 1972, Ole Health is now a Federally Qualified Health Center with 7 locations throughout Napa and Solano Counties. Ole Health offers integrated services of both physical and mental health services for adults and children, as well as dental health services, optometry, pharmacy, nutrition/health education, and groups/classes. Mental Health care services are provided to individuals with mild to moderate mental illness. Individuals who are diagnosed with severe mental illness are referred to Napa County Mental Health Division for treatment, and can be referred back to Ole Health if and when they become more stable. Ole Health also partners with various non-profit organizations such as Aldea Children and Family Services, COPE Family Centers, and Mentis.
- B. Mental Health Director Sarah O'Malley spoke to the MHB about the recent announcement by St. Helena Hospital that they would be closing their inpatient mental health unit, along with their geropsych or senior behavioral health unit in 2020. Approximately 20% of Napa County Mental Health clients hospitalized were located at St. Helena Hospital in 2018 and 2019. The County also contracts for hospital beds at other facilities such as Adventist Health in Vallejo, Aurora Hospital in Santa Rosa, and other facilities in San Jose and Sacramento. The closure of the inpatient mental health unit at St. Helena Hospital could have more of an impact on the Crisis Stabilization Unit (CSU) known as Exodus Recovery.
- C. Committee and Work Group updates were as follows:
  - 1. Quality Improvement Committee: Kristine Haataja – There is a new Quality Coordinator at Napa County Mental Health who will be taking the lead role on the Quality Improvement Committee.  
  
Stakeholder Advisory Committee: Kristine Haataja – There were two presentations at the February SAC meeting, Exodus Recovery and the Mental Health Services Act (MHSA) Internship Program.  
  
Live Healthy Napa County: Robert Palmer – There was a discussion on possible strategies to reduce stress and social isolation for individuals in Napa County.  
  
Juvenile Justice Committee: Tiffany Iverson – There was quite a bit of discussion around mental health and the committee's commitment to mental health issues, along with the announcement of Mary Butler's retirement.
- D. Chair Kristyn Miles asked MHB members if they would be willing to attend one of the Board or Committee meetings listed on the form included in their monthly packet. Members volunteered to attend except for the In-Home Supportive Services Advisory Committee and Community Corrections Partnership. MHB members were reminded that there is a form called Committee Liaison Meeting Notes that was designed specifically for them to write down between one and three topics and discussion points from the committee or board meeting to share with the MHB.
- E. Member Theresa Comstock handed out copies of the California Association of Local Behavioral Health Boards and Commissions (CALBHBC) Winter 2020 Newsletter. Ms. Comstock noted that on page 2 of the newsletter there is information on the duties of local mental health boards and commissions, along with information on Mental Health Services Act (MHSA). She then commented that CALBHBC is currently working on advocacy and performance outcome information noted on page 1, along with information on teleconferences, regional meetings/trainings, and issue briefs. For more detailed information and resources, please visit the CALBHBC website at: [www.calbhbc.org](http://www.calbhbc.org)

## 8. Announcements & Informational Items

- A. Speaker Schedule Plan for FY2019-2020
  - 1. Senior Support Services
  - 2. Mental Health Services in Schools
  - 3. Non-Profit Organizations and MH Services in Napa
  - 4. MHSA Innovations Project Updates
  - 5. Exodus Recovery Crisis Services
  - 6. Innovations in Mental Health Service Delivery: Tele-Health, Tele-Psychiatry, Text Based Services
- B. Napa County **Mental Health Board web page** includes Executive Committee and Board meeting agendas, minutes & supporting documents: <http://www.countyofnapa.org/HHSA/MentalHealthBoard/>
- C. Next **MH Board Meeting**, March 9, 2020, 4:00 to 6:00pm, Napa County Health & Human Services Agency, 2751 Napa Valley Corporate Drive, Building A, 1<sup>st</sup> Floor, Oak Conference Room
- D. Next **Executive Committee Meeting**, February 26, 2019, 3:30 – 4:30pm, Napa County Health & Human Services Agency, 2751 Napa Valley Corporate Drive, Building A, 1<sup>st</sup> Floor, Manzanita Conference Room

## 9. Adjournment

A motion to adjourn the meeting was made by member Rocky Sheridan and was seconded by Rowena Korobkin. The motion passed with all Ayes. The meeting adjourned at approximately 5:53 pm.