

# Mental Health Board Meeting Minutes

March 9, 2020, 4:00 to 6:00

2751 Napa Valley Corporate Drive, Building A, Oak Conference Room

<b>Chair:</b>	Kristyn Miles	<b>Vice Chair:</b>	Beth Nelsen
<b>Minutes:</b>	LuAnn Pufford, Sr. Office Assistant		

## ---- Agenda Topics ----

### 1. Call to Order

The meeting was called to order at approximately 4:02 p.m. by member Kristine Haataja, who substituted for Chair Kristyn Miles.

### 2. Roll Call/Introductions

The Napa County Mental Health Board (MHB) met in regular session on Monday, March 9, 2020, with the following members present: Kathleen Chance, Theresa Comstock, Frank Dolan, Zachariah Geyer, Supervisor Ryan Gregory, Kristine Haataja, Tiffany Iverson, Rowena Korobkin, Robert Palmer and Shari Staglin. Members Chair Kristyn Miles, Vice-Chair Beth Nelsen, and Summer Thompson were excused. Members Mirna Leiva-Gullord and Rocky Sheridan were absent.

Napa County Staff present: LuAnn Pufford, Sr. Office Assistant; Sarah O'Malley, Mental Health Director.

Guest Speakers: Michael Mills, Supervising Mental Health Counselor, CSOA, Lynne Fryer, Mental Health Counselor, CSOA, Rob Weiss, Clinical Director, Mentis, and Xavia Hendrix, Mentis.

### 3. Public Comment

None

### 4. Board Member Comment or Announcements

Board member Comments were as follows:

- Member Kristine Haataja informed the MHB that member Summer Thompson has requested a leave of absence from the Board for a period of up to six months. The request was granted by the MHB Executive Committee.

### 5. Approval of Minutes and Consent Items

A motion to approve the minutes from the February 10, 2020 meeting was made by member Rowena Korobkin. The motion was seconded by member Kathleen Chance and passed with all Ayes. No \*members were opposed.

*\*See list of members under item 2 Roll Call/Introductions.*

### 6. Old Business

A. None

## 7. New Business

- A. The presentation on Mental Health Services for Older Adults was given by a four member panel. Michael Mills, Supervising Mental Health Counselor for Napa County Mental Health began the presentation. Mike's position is located at Comprehensive Services for Older Adults or CSOA. He is the supervisor of 5 mental health counselors and primarily oversees Gero-Psych Case Management, Full Service Partnership program, and LPS Conservatorship. CSOA Mental Health Counselor Lynne Fryer spoke about her case management work with older adults. Serving the older adult population can have additional challenges, as many present with both physical health issues and mental health issues. Rob Weiss, Clinical Director at Mentis, spoke about the work they do at Mentis with in-home therapy and case management for adults 60 years and older. Xavia Hendrix followed with information on the Healthy Minds, Healthy Aging program. This program's goals seek to:
- Enhance the quality of life for older adults and their families by enabling them to live as independently as possible for as long as possible.
  - Improve access to and utilization of services for mental and cognitive health concerns.
  - Increase early identification of mental health needs and cognitive decline.
  - Increase capacity and improve coordination among providers.

- B. Member Kristine Haataja reminded the Board of the one open position on the Executive Committee and asked for either a volunteer to serve, or nomination of a member to serve on the Executive Committee as a Member-At-Large for the remainder of Fiscal Year 2019-20. Member Rob Palmer commented that Chair Kristyn Miles had spoken to him about serving in this capacity, and that he would be interested in doing so. With that comment noted, member Theresa Comstock made a motion to nominate and elect Rob Palmer as an Executive Committee Member-At-Large. The motion was seconded by member Rowena Korobkin and passed with all Ayes. No \*members were opposed.

*\*See list of members under item 2 Roll Call/Introductions.*

- C. Member Kristine Haataja commented on the proposed Mental Health Board budget that was included in the member packets, and opened the floor to discussion of this proposal. At the conclusion of the discussion a recommendation was made to take the proposal back to the Executive Committee for further review.
- D. Mental Health Director Sarah O'Malley shared with the MHB the closure of St. Helena Hospital's gero-psych or senior behavioral health unit as of this month. The decision to close the inpatient mental health unit at St. Helena Hospital has not yet been finalized. As more information becomes available further updates will be share with the MHB.

Two housing projects have recently been approved by the City of Napa. These housing projects are intended to provide low income housing for individuals who are homeless, as well as individuals with mental health issues and/or substance use disorders. For more information on these housing projects visit the City of Napa website at:

<https://www.cityofnapa.org/810/Heritage-House-Valle-Verde-Housing>

- E. Committee and Work Group updates were as follows:
- Veterans Commission: Kathleen Chance – A proposal was made to create a memorial to honor Napa County Veterans who served in World War II. The Commission is working with local businesses on developing a discount program to offer Veterans with a valid ID.
  - Quality Improvement Committee: Kristine Haataja – The group reviewed the 2019 Plan performance and the new Quality Improvement Plan for 2020. There was discussion on whether or not St. Helena Hospital would close its adult mental health unit.
  - Stakeholder Advisory Committee: Kristine Haataja – The March meeting topic was MHSA Prevention and Early Intervention (PEI). There were two presentations, the COPE Home Visitation Program and Mentis Strengthening Families Program.

- F. Member Theresa Comstock handed out copies of the California Association of Local Behavioral Health Boards and Commissions (CALBHBC) March 2020 Update along with the tentative Agenda for the Bay Area Regional Meeting & Training on April 18<sup>th</sup> in Oakland. Highlights of the update included open positions on the CALBHBC Governing Board, information on Briefs / Presentations, Webinars and State conferences. For more information, please visit the CALBHBC website at: [www.calbhbc.org](http://www.calbhbc.org)

## 8. Announcements & Informational Items

- A. Speaker Schedule Plan for FY2019-2020
1. Youth Mental Health Services
  2. Non-Profit Organizations and MH Services in Napa
  3. MHSIA Innovations Project Updates
  4. Exodus Recovery Crisis Services
  5. Innovations in Mental Health Service Delivery: Tele-Health, Tele-Psychiatry, Text Based Services
- B. Napa County **Mental Health Board web page** includes Executive Committee and Board meeting agendas, minutes & supporting documents: <http://www.countyofnapa.org/HHSA/MentalHealthBoard/>
- C. Next **MH Board Meeting**, April 13, 2020, 4:00 to 6:00pm, Napa County Health & Human Services Agency, 2751 Napa Valley Corporate Drive, Building A, 1<sup>st</sup> Floor, Oak Conference Room
- D. Next **Executive Committee Meeting**, March 25, 2019, 3:30 – 4:30pm, Napa County Health & Human Services Agency, 2751 Napa Valley Corporate Drive, Building A, 1<sup>st</sup> Floor, Manzanita Conference Room

## 9. Adjournment

A motion to adjourn the meeting was made by member Kristine Haataja and was seconded by Shari Staglin. The motion passed with all Ayes. The meeting adjourned at approximately 5:25 pm.