

Mental Health Board Zoom Meeting and Public Hearing Minutes

April 13, 2020, 4:00 to 6:00

Chair:	Kristyn Miles	Vice Chair:	Beth Nelsen
Minutes:	LuAnn Pufford, Sr. Office Assistant		

---- Agenda Topics ----

1. Call to Order

The Zoom meeting was called to order at approximately 4:02 p.m. by Chair Kristyn Miles.

2. Roll Call/Introductions

The Napa County Mental Health Board (MHB) met in regular session on Monday, April 13, 2020, with the following members present: Chair Kristyn Miles, Vice Chair Beth Nelsen, Supervisor Ryan Gregory, Kathleen Chance, Theresa Comstock, Kristine Haataja, Tiffany Iverson, Rowena Korobkin, Robert Palmer and Shari Staglin. Member Summer Thompson was excused. Members Frank Dolan, Zachariah Geyer, Mirna Leiva-Gullord and Rocky Sheridan were absent.

Napa County Staff present: Felix Bedolla, Mental Health Services Act (MHSA) Project Manager, LuAnn Pufford, Sr. Office Assistant; Sarah O'Malley, Mental Health Director, Liset Esqueda, MHSA Staff Services Analyst.

3. Public Comment

None

4. Board Member Comment or Announcements

None

5. Approval of Minutes and Consent Items

A motion to approve the minutes from the March 9, 2020 meeting was made by member Theresa Comstock. The motion was then seconded by member Shari Staglin. Each member was individually asked to vote on approval of the minutes. The motion passed with all Ayes (Yes); no members were opposed or abstained.

**See list of members under item 2 Roll Call/Introductions.*

6. Old Business

A. None

7. New Business

- A. The Public Hearing opened at approximately 4:16 pm. Chair Kristyn Miles read the following statement: "Pursuant to California Welfare and Institutions Code Section 5847 (a), (b), (c) and (d), and Section 5848, the Mental Health Director is submitting for review and comment the Mental Health Division's Mental Health Services Act (MHSA) FY 2019-20 Annual Update to Three Year Plan for FY 2017-18 to FY 2019-20 and MHSA Three Year Plan FY 2020-2021 through FY 2021-2023".

MHSA Project Manager Felix Bedolla gave a brief overview of the highlights of the FY 19-20 Annual Update to the Three Year Plan for FY 17-18 to FY19- 20, particularly the plans to spend reverted/reallocated Napa County MHSA funds and MHSA funding projections in light of the current situation of the Covid-19 pandemic. He commented that several questions regarding these plans were submitted in writing, including some questions on the data in the reports. Mr. Bedolla acknowledged that there were some gaps in the data to be addressed. A response to these questions is forthcoming.

Mr. Bedolla also commented that the California Behavioral Health Director's Association is reaching out to the MHSAOAC to request flexibility for counties to utilize reverted MHSA funds due to the Covid-19 pandemic and Shelter in Place requirement. It is intended that both plans will be submitted to the State Mental Health Services Oversight and Accountability Commission (MHSAOAC) by June 30th, 2020. The discussion was then opened to questions from meeting participants.

MHB member Theresa Comstock asked if there would be performance outcome data for the Community Services and Supports (CSS) component, similar to the performance outcome data reported for Prevention and Early Intervention (PEI). Mr. Bedolla responded that yes, this would be addressed in future updates. Ms. Comstock also inquired about the community program planning process. Mr. Bedolla explained what was done in terms of outreach and program planning, the challenges faced and that this information will also be included. Ms. Comstock encouraged staff to review the CSS outcome data shared by other counties in their Annual Updates and Three Year Plans that are listed on the <https://www.calbhbc.com> website.

MHB member Kristine Haataja asked whether or not there would be an opportunity for the MHB to participate in the MHSA Community Planning Process and she volunteered to be a participant. Mr. Bedolla said that he would make sure to invite her and the community to a public release of the MH Division's Community Plan, which was developed with extensive community input.

MHB member Kathleen Chance had a question on the PEI Component information listed on page 4 of the FY 19-20 Annual Update to the Three Year Plan for FY 17-18 to FY19- 20. Specifically, she asked for an explanation of the Parents As Teachers Home Visiting Program model. MHSA Staff Services Analyst Liset Esqueda explained that the new model focuses on a family setting in which parents are more engaged with the children for ages zero to five, which expands the population to be served.

MHB member Robert Palmer asked about current and future housing initiatives, and whether or not is it known exactly how much of a shortfall there is in housing in Napa County. Mr. Bedolla spoke about the current Heritage House project, the possibility of housing at the former county Health & Human Services Agency site on Old Sonoma Road, and the future Napa Pipe project, but said he wasn't aware of any new supportive housing projects. Supervisor Ryan Gregory concurred and said that the County was working on developing more housing resources, but there was nothing definite to report.

No additional questions were posed by the MHB members or public guests. The Public Hearing was officially closed at approximately 4:44 pm.

- B. Mental Health Director Sarah O'Malley shared with the MHB the Mental Health Division's response to the Covid-19 pandemic situation in Napa County. Both MH Director O'Malley and her colleague, Assistant Deputy Director Courtney Vallejo serve on the Napa County Emergency Operation Center as needed. The following programs and mental health services are in place.
- Mental Health telephone "warm line" which is staffed by mental health therapists in our Access program

- Mental Health crisis line available 24 hours a day, seven days per week
 - Limited staff on site at the Health & Human Services Agency, Mental Health Division
 - Mental Health services for the homeless temporarily located on site at the Wine Valley Lodge
 - Mental Health Division Medication Clinic is open, but primarily providing tele-health services
 - Mental Health Access program is offering mental health assessments by phone
 - Mental Health Division counselors and therapists working with clients via tele-health appointments
 - Grief counseling is available for those impacted by the Covid-19 virus
- C. Committee and Work Group updates were as follows:
- Quality Improvement Committee: Kristine Haataja – The April meeting was cancelled.
 - Stakeholder Advisory Committee: Kristine Haataja – April’s meeting took place by conference call. The Suscol Tribal Council shared information and updates about their PEI and Innovations projects which were very interesting. Unfortunately, the planned site visit to the Suscol Council’s Pope Valley Property was cancelled due to the pandemic.
 - Suicide Prevention Council: Kristyn Miles – The April meeting was cancelled; however, Supervising Mental Health Counselor Carolina Mariposa sent out via email an update with information on suicide prevention resources for the community.
- D. Member Theresa Comstock shared the following information:
 The CALBHBC website has a two page Issue Brief posted online which highlights key components of suicide prevention, lists vulnerable groups and promising practices. On Saturday, April 18th there is a Bay Area Regional Meeting and Training by teleconference. The meeting runs from 10 am to noon, with the training from 12:30 to 3:30 pm. MHB members are encourage to attend.

For more information, please visit the CALBHBC website at: www.calbhbc.org

8. Announcements & Informational Items

- A. Speaker Schedule Plan for FY2019-2020
1. Youth Mental Health Services
 2. Non-Profit Organizations and MH Services in Napa
 3. MHSA Innovations Project Updates
 4. Exodus Recovery Crisis Services
 5. Innovations in Mental Health Service Delivery: Tele-Health, Tele-Psychiatry, Text Based Services
- B. Napa County **Mental Health Board web page** includes Executive Committee and Board meeting agendas, minutes & supporting documents: <http://www.countyofnapa.org/HHSA/MentalHealthBoard/>
- C. Next **MH Board Meeting**, May 11, 2020, 4:00 to 6:00pm, by Zoom teleconference or at Napa County Health & Human Services Agency, 2751 Napa Valley Corporate Drive, Building A, 1st Floor, Oak Conference Room
- D. Next **Executive Committee Meeting**, TBD, by Zoom teleconference or at Napa County Health & Human Services Agency, 2751 Napa Valley Corporate Drive, Building A, 1st Floor, Manzanita Conference Room

9. Adjournment

A motion to adjourn the meeting was made by member Kristine Haataja and seconded by Rowena Korobkin. The motion passed with all Ayes. The meeting adjourned at approximately 5:03 pm.