

Youth and Teens Strategic Planning Meeting
September 20, 2018

The aspirations of the group were: Resources for Parents/Families; Vocational & Educational Opportunities/Recreation; Mental Health; Youth Inclusion; Affordable Housing; and, Resources.

Solutions included: Internships availability - vocational; options available in schools; Empowering youth to break stigma, peer to peer groups. Creating supportive environment; Multiple youth representatives on a county level; Making space for teens and seniors; Build affordable housing: incentivize property owners to dedicate units for affordable housing rebates, tax credits; and, website that is easy to use in English and Spanish.

Aspiration: Resources for Parents/Families		
Specific Challenge or Problem	Evidence this Challenge or Problem Exists	Impact of the Challenge or Problem on You?
Down focus on practical/life skills	No classes/no training in high school/training occurs in families	Employment down import = more traffic continued housing crisis
Saturated in one kind of industry	We're Napa	Decrease in education about what the needs are
"Apprenticeship model" an overall lack of "entrepreneurial spirit"	No flexibility for development of entrepreneurs	

Solution			
Actions to Solve	Who Needs to Be Involved	Pros Cons	
Internships availability - vocational; options available in schools	Schools/JC/UCCSU/state business leaders	None	None
Make aware of options/needs PR/marketing	Industry leaders/educational leaders/student input		
Be specific with business leaders: who are your vendors/county generated inquiry	county/business leaders/mentors		
Funding/\$\$ for apprenticeships; low stigma at the trades; allow families/students to tailor their education			

Red indicates top vote getter(s).

Aspiration: Vocational & Educational Opportunities/Recreation			
Specific Challenge or Problem	Evidence this challenge or problem exists	Impact of the Challenge or Problem on You?	
Population older - more focus	Substance abuse!!! Worse than parents think	Reduces youths potential for success	
Tourist town - wine	People don't sign up for activities	Increases risk of safety issues	
Not enough communication or outreach of activities exist	No place for teens to hang out so teens hang out "downtown"	Reduces positive peer groups	
Boredom			
Assure safe environment for activities/safe place for teens			
Solution			
Actions to Solve	Who Needs to Be Involved	Pros Cons	
Recreation Center for teens: off school campus/open weekends and evenings past 10:00 p.m./fun/affordable	Parks & Rec	More activities	Cost: waivers may need parent signature/is fixable with electronic sign-in or annual renewal
Movie nights in the park - teen friendly	BOS/City Council for funding	Decrease boredom	
Ice skating or roller rink	Service clubs	Decrease substance	
		More connections	

Red indicates top vote getter(s).

Aspiration: Mental Health		
Specific Challenge or Problem	Evidence this Challenge or Problem Exists	Impact of the Challenge or Problem on You?
Insurance barring	There are uninsured people not getting svcs when income contingent. Denied services because not in coverage	Youth experiencing extreme amounts of stress, anxiety, behavioral issues
Stigma around mental health	Not seeking services, suicide rate, there are programs addressing	Increase youth suicide attempts
Student aids & services rapid response	trauma services not covered	Increase in alternative school programs
Central personalized process for family/guardians to interact with schools	MH issues are talked about negatively in youth culture	Self medicating
Institutional avoidance	Programs for MH not taken seriously	Low self esteem
Lack of therapists	Not modeled by adults	Self harm
Wellness strategies	Reported student stress level	Impacts all students ability to learn, participate
Restorative & mindfulness practices	Reported desire for other approaches to handling stress	Exclusion from classes
Address bullying live & social media	Request for MH curriculum similar to physical health	
Empathic communication training	MH system in school district difficult to access	
Be more welcoming to families (i.e. not	Teachers are not all trained to work with students	
Holistic approach (physical, social, mental)	Counselors are educational, not for MH	
Affordability, equitable		
Listen and learn from student and family members		
Heavy backpacks		
Substance abuse, sexual activity		
Teacher skillset to work with kids with challenging behavior		

Red indicates top vote getter(s).

Solution			
Actions to Solve	Who Needs to Be Involved	Pros Cons	
Partnerships to provide free mental health services locally and NAMI	County mental health/HHSA	None	None
Empowering youth to break stigma, peer to peer groups. Creating supportive environment	Community partners (CBO's)		
Educator/teacher training i.e. mental health, first aid	Mental health board		
Parent/guardian support groups / training /accessible/ free, no cost, bi-lingual	School districts students and teachers		
More wellness offerings	Families/parents/caregivers		
Create safe environments to practice mindfulness	Law enforcement		

Red indicates top vote getter(s).

Aspiration: Youth Inclusion		
Specific Challenge or	Evidence this Challenge or Problem Exists	Impact of the Challenge or
Getting "a lot" of students involved at the beginning	Tried 15 times to access services/assistance and turned away	Divides youth communities
Accessibility	Lack of visibility of youth	Ability to thrive
Adults not seeing this work as a priority (lack of resources)	No communication/marketing for youth events/activities	No county/city/community support for youth
"Tokenism" of youth voice with no real power	Only recognizing certain youth, there's a disconnect between award bodies and the work	Adults/bodies of power impose
Lack of respect/power in general		
Value of youth as a citizen		

Solution			
Actions to Solve	Who Needs to Be Involved	Pros Cons	
Multiple youth representatives on a county level	All youth	More youth involvement	None
Funding/resources for student projects	All schools	Sense of belonging	
Youth lens for: ed/jobs/mental health/transportation/community events	And youth who do not attend public or private, but live here	Youth will want to stay here longer	
Connecting youth and senior communities in meaningful way	county/city	New reputation for Napa as a fun place for youth and teens	
Activities not dictated by district	Youth advocacy non profits		
Incentive for businesses to engage with youth	Local businesses		
Making space for teens and seniors	Parents		
	School admin/teachers		
	Liaison between county and schools; Media		

Red indicates top vote getter(s).

Aspiration: Affordable Housing		
Specific Challenge or Problem	Evidence this Challenge or Problem Exists	Impact of the Challenge or Problem on You?
Housing stock limited	Long wait list for affordable housing	End up with homeless youth population
Lack of referral programs that connect youth to options	We don't know of any programs	Youth don't have the tools and resources to locate affordable housing - find creative housing solutions such as shared housing
Price of housing	Homeless youth price of housing - people can't afford to live here especially young people	Homeless youth/bad living situations/lower quality of life - move away/long commutes, multiple jobs/can't afford living expenses
Lack of support for transitional age youth in housing to learn necessary life skills to maintain housing	Hard to find support/homeless youth/youth losing housing	

Red indicates top vote getter(s).

Solution			
Actions to Solve	Who Needs to Be Involved	Pros Cons	
Build affordable housing: incentivize property owners to dedicate units for affordable housing rebates, tax credits	Property owners	More affordable housing	traffic
Create referral programs; match making services shared housing employment opportunities tied to housing options	Housing agencies & advocacy groups	Decreased homeless population	Poor housing conditions "slum landlords"
Supportive housing programs case management life skills education financial literacy work in conjunction with vocational program training	Housing developers	Stronger more stable work force	Property owners not happy about rent control
Rent ordinances/rent control	Social services & non profits	Increased quality of life	High cost of building housing development
	Employers/business owners	Youth feel more independent	
	Youth	Decreased dependance on public assistance	
	Local politicians	More viable options for youth	
		More likely to maintain housing	
		Less people commuting into Napa	
		More inclusive community	
		Housing developments create	

Red indicates top vote getter(s).

Aspiration: Resources		
Specific Challenge or	Evidence this Challenge or Problem Exists	Impact of the Challenge or
Lack of communication	Years later find out about something that would be useful	Child/youth development
Lack of information	People do not know where to look or that it exists	Family dynamics
Not equal access	Lack of education or knowing what may need	Impact to community not all contributing to success
	Don't know how to identify what's going on	May not pay forward/pay back
		There isn't a shared responsibility or commitment
		People may leave

Solution			
Actions to Solve	Who Needs to Be Involved	Pros Cons	
Website easy to use in English & Spanish	Youth/teens, NVC, parents, families, other jurisdictions, partnerships with businesses out of Napa	Increase in access to info & resources	Never perfect not one size fits all
Community mentors to navigate	Community members, civic , organizations, nonprofits, CBO's, public	Lots of resources & willingness to help	Keeping it up/sustaining it
Highly marketed churches/schools/community center	Same as No. 1 & 2; surveys		Keeping momentum
Resource centers at every school to tell about what's available	Retirees, volunteers, youth		

Red indicates top vote getter(s).