

COMMUNITY QUIT SMOKING PROGRAM

FOR YOUR HEART,
FOR YOUR BODY,
FOR YOU—QUIT SMOKING!

Free Quit Smoking Sessions

At Saint Joseph Health Queen
of the Valley

1000 Trancas St.

1st Floor – Main Conference room 3
(Next to the cafeteria)

Monday Evening Sessions

6:30 – 7:45pm

Call 253-6100 Ext. 132 to enroll.

Sponsored by the

CANV Quit

Smoking Program

