



Drowning/Near-Drowning

FIELD TREATMENT GUIDELINE M-17

INDICATION	<ul style="list-style-type: none"> • Drowning: Loss of consciousness in water, in full cardiopulmonary arrest. • Near Drowning: Loss of consciousness in water, not in full cardiopulmonary arrest.
BLS	<ul style="list-style-type: none"> • Follow General Medical Care M-01. • If found in a setting of trauma, follow General Trauma Care T-01. • If in cardiac arrest, follow Cardiac Arrest Management C-01. • For pediatric patients, follow General Pediatric Care P-01.
ALS	<ul style="list-style-type: none"> • Consider the use of CPAP AP-04, if patient is conscious with spontaneous respirations. • Consider managing Thermoregulatory Emergencies M-12 when treating near-drowning.
KEY CONCEPTS	<ul style="list-style-type: none"> • Base Hospital Contact should be made prior to discontinuing resuscitative efforts in hypothermic patients. • Remove wet clothing and cover with warm dry sheets or blanket; • Anticipate possible vomiting. Take precautions against aspiration and be prepared with suctioning.