



# Newborn Care

INDICATION	<ul style="list-style-type: none"> <li>Treatment for a newly born patient &lt; 24 hours old. In most cases, immediately following birth.</li> </ul>			
BLS	<ul style="list-style-type: none"> <li>Follow <a href="#">General Pediatric Care P-01</a>.</li> <li>Check APGAR score at 1 minute, 5 minutes, and every 5 minutes thereafter.               <ul style="list-style-type: none"> <li>For an APGAR Score &gt; 6, continue to routine newborn care.</li> <li>For an APGAR Score ≤ 6 or significant deficiencies (a score of 0) in any category, refer to <a href="#">Newborn Resuscitation P-04</a>.</li> </ul> </li> <li>Routine newborn care:               <ul style="list-style-type: none"> <li>Consider additional suctioning, if needed to facilitate ventilation.</li> <li>Dry the baby.</li> <li>If indicated, consider stimulation by rubbing the newborn’s back or feet, do not “spank” the newborn.</li> <li>Cover the head of the baby to maintain body heat.</li> <li>Allow mother to hold and breastfeed the baby if she wishes.</li> <li>O2 delivery (even in blow-by form) is not clinically indicated and should be avoided.</li> </ul> </li> </ul>			
ALS	<ul style="list-style-type: none"> <li>All specific ALS treatment is identified in <a href="#">General Pediatric Care P-01</a>.</li> </ul>			
KEY CONCEPTS	<ul style="list-style-type: none"> <li>The vast majority of deliveries are uncomplicated and require minimal assistance. The major life threats are of neonatal asphyxia and maternal hemorrhage.</li> </ul>			
APGAR SCORING		<b>0</b>	<b>1</b>	<b>2</b>
	Appearance	Blue or Pale	Body pink / limbs blue	Completely pink
	Pulse	Absent	< 100 BPM	> 100 BPM
	Grimace	No response	Grimace / weak cry	Cough, cry, sneeze
	Activity	Flaccid	Some flexion	Active movement
	Respiratory effort	Absent	Slow or irregular	Vigorous crying