



Lidocaine
MEDICATION REFERENCE CARD

INDICATION	<ul style="list-style-type: none"> Local anesthetic for use in conscious or responsive to pain patients where an intraosseous needle has been placed
CONTRA-INDICATION	<ul style="list-style-type: none"> Patients in idioventricular, ventricular escape rhythms, or high degree heart blocks Patients with known hypersensitivity to Lidocaine Lidocaine is not locally indicated for use as an antiarrhythmic.
SIDE EFFECTS	<p>Although toxicity is rare in this dose range and route, be aware of these signs and symptoms</p> <ul style="list-style-type: none"> Seizures Hypotension Drowsiness Dizziness Confusion Bradycardia Heart Blocks Respiratory Arrest
DOSING/ ROUTES	<p>AP-08: Intraosseous Infusion</p> <ul style="list-style-type: none"> 40 mg IO of 2%. Administer over 2 minutes. Flush with 10 mL NS after administration. May administer one additional dose of lidocaine 20 mg (1cc) over 30 seconds if clinically indicated.
PEDIATRIC	<ul style="list-style-type: none"> See Pediatric Medication Reference Cards
CAUTION	<ul style="list-style-type: none"> Administer as first fluid infused into IO after placement
ACTION	<ul style="list-style-type: none"> Lidocaine stabilizes neuronal membranes by decreasing conduction impulses causing a localized anesthetic action
GUIDELINE	<ul style="list-style-type: none"> AP-08: Intraosseous Infusion