NAPA COUNTY PUBLIC HEALTH

Therapeutic Child Care Center (TCCC)

Public Health
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PROGRAM SUMMARY

The Napa County Health & Human Services Therapeutic Child Care Center (TCCC) began operating in March 2001. The planning team spent several years designing and implementing a therapeutic model that has served the focal families for 17 years. Health and Human Services (H&HS) Public Health Division provides the Clinical Team and, as partners, Child Start Incorporated (CSI) delivers childcare, early education, and family services for kids ages 0-3. Twenty-four children are served in three classrooms: Infant, Early Toddler and Older Toddler.

The Clinical Team includes a Public Health Administrator, a Clinical Psychologist and a Marriage Family Therapist (MFT) who provide mental health assessments, interventions and staff consultation and training, and an Occupational Therapist (OT) who performs evaluations and makes recommendations for healthy physical development

All children at the TCCC receive regular assessments and interventions from Clinical members of the Therapeutic Team. In addition, the Clinical Psychologist, MFT and OT conduct comprehensive assessments and provide treatment for children who have been identified as needing more concentrated therapeutic interventions. This is accomplished through consent of the families and with their participation. Approximately 75% of TCCC children and their families are receiving individualized mental health and/or OT treatment. All TCCC children receive ongoing support and interventions on an individual basis, in the classroom and in consultation with teachers by the therapeutic team.

MAIN ACTIVITIES

The Clinical Team provides:

- Comprehensive mental health assessments and sensory integration assessments
- Therapeutic infant, child and parent mental health interventions and treatment
- Training for parents using the Circle of Security evidence-based model.
- Staff consultation and training
- Neurosequential Model of Therapeutics assessment, brain mapping and interventions

DEMOGRAPHICS AND NO. SERVED

Total: Since inception to June 30, 2018, the TCCC has served 264 children from 210 families. Ages of the 112 girls and 152 boys ranged from 1 to 67 months. The children qualified for therapeutic childcare through their parents' participation in Napa County HHSA Alcohol and Drug Services (ADS), Mental Health, Child Welfare Services, Public Health and CalWORKS. Children who enroll at the TCCC are considered to be at-risk for mental health, attachment and developmental disorders because of chronically stressful circumstances that impact their emotional and neurophysiological development.

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Fiscal year 2017-2018 based on 22 TCCC children:

- **17%** children are currently with CWS/Family Preservation/foster care.
- **66%** children have a family history of CWS/Family Preservation/foster care.
- **13%** children current enrollees have been adopted during their stay at the TCCC
- **13%** children are currently in foster-adopt families awaiting legal decisions.
- **63%** children have/had incarcerated parent(s).
- **75%** children have parent(s) with history of substance abuse.
- **54%** children have been exposed to drugs in utero.
- **58%** children have been exposed to domestic violence.
- **50%** children have been homeless for periods.
- **71%** children with disruptions in caregiving/parenting.
- **42%** children with psychiatric diagnoses (PTSD, ADHD, Depression, Anxiety, Regulatory Disorder, Developmental Disorders)

PERFORMANCE MEASURES

Children's development is screened biannually using the Ages and Stages Questionnaire. The Third Edition (**ASQ-3**), monitors children over time from 2-60 months. Five domains of functioning are screened to help identify children who are at-risk for developmental delays. The table is based on data comparing initial assessment scores to scores collected June 2018.

% Change in Developmental Ratings from Initial Assessment to June 30, 2018 ratings. (N=20)

ASQ (Development)	Positive Development	Below Cutoff/Need Monitoring
Communication	85% (17)	15% (3)
Gross Motor	95% (19)	5% (1)
Fine Motor	100% (24)	0% (0)
Problem Solving	90% (18)	10% (2)
Personal Social	95% (19)	5% (1)

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VALUE ADDED

Of interest, from data gathered is the comparison between ASQ screening scores and mental health estimates. Most TCCC children have ASQ developmental scores that fall Within Normal Limits (WNL) even though almost 42% of the 24 enrolled have individual mental health, relational challenges and/or occupational therapy concerns. The stability of the TCCC experience has relational and therapeutic benefits that likely provide a context in which healthy development can thrive. The nurturing, consistent care and rich relational environment created at the TCCC by the therapeutic team and Early Head Start staff provides strong and secure secondary attachments with supportive and dependable adults that build resiliency and capacity in TCCC children.

ADMINISTRATIVE INFORMATION

The TCCC budget for FY17-18 was $250,620. This program was developed in partnership with Child Start and Napa County Public Health. Funding for this program comes from local general funds and Child Start.

Position	FTE
Public Health Administrator	0 FTE
Clinical Psychologist	.5 FTE
Marriage Family Therapist (MFT)	.5 FTE
Occupational Therapist	.5 FTE
Office Assistant-Parent Liaison	1 FTE

GOALS FOR UPCOMING FY:

- Work on long-term Outcome Evaluation with QM program

A Tradition of Stewardship
A Commitment to Service

FOR PROGRAM INFORMATION, PLEASE CALL:

PHONE: (707) 253-6992

OR VISIT: https://www.countyofnapa.org/463/Therapeutic-Child-Care-Center-TCCC