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CAREGIVERS

CAREGIVER TRAINING


Care Academy’s FREE COVID-19 Certification Class prepares direct care workers to perform critical frontline work during today’s challenging times. With this self-study class, gain relevant, reliable information about the virus and learn how to care for yourself and your care recipients amidst the COVID-19 pandemic.

COMPREHENSIVE SERVICES FOR OLDER ADULTS

Comprehensive Services for Older Adults (CSOA) provides services designed to ensure that the elderly, blind and people with disabilities maintain their highest potential level of independence and quality of life.


- **In-Home Supportive Services (IHSS):** 707-253-6272 or https://www.countyofnapa.org/187/In-Home-Supportive-Services is accepting referrals for services via telephone & e-mail only.

- **Adult Protective Services:** 707-253-4398 or (toll free) 888-619-6913 or https://www.countyofnapa.org/185/Adult-Protective-Services is responding to all reports of elder or dependent adult abuse.

- **IHSS Public Authority:** 707-259-8359 or https://www.countyofnapa.org/702/In-Home-Supportive-Services-Public-Authority provider orientations by appointment, and provider questions and concerns via telephone only and email @ IHSSPublicAuthority@countyofnapa.org.

- **Senior Information and Assistance:** 707-253-4248

- **Veterans Office:** 707-253-4558 or vets@napavets.com is providing limited assistance by phone or email only with the goal of responding to all calls and messages within 24 hours.

COVID-19

TELEPHONE

Napa County Public Information & Support: 707-253-4540
(Monday – Friday, from 9 a.m. to 12 p.m. and 1 p.m. to 5 p.m.)

Library Reference & Support: 707-253-4241
(Monday – Saturday, from 10 a.m. to 6 p.m. and Sunday 1 p.m. to 5 p.m.)
California COVID-19 Hotline: 1-833-544-2374
The state is providing a COVID-19 information line for seniors and individuals to get their questions and concerned answered as well as to get assistance during the crisis.

EMAIL

General questions or information: coronavirus@countyofnapa.org

Report a shelter-at-home violation: covid19compliance@countyofnapa.org

TESTING

COVID-19 Testing is recommended for ALL Napa County residents. Repeat testing is now available and recommended every 14 days for those with exposure to the community or to other households.

- Call: 707-253-4540 to schedule a test
- On-line: register for a test https://www.projectbaseline.com/study/covid-19/

For additional information regarding testing: https://www.countyofnapa.org/2776/COVID-19-Testing

WEBSITES

Napa County Local Assistance Center: www.readynapacounty.org (where to find food, financial and health assistance and information)

Communities Organizations Active in Disaster: http://napavalleycoad.org/home/covid-19/

Coronavirus situational updates and other information: www.countyofnapa.org/Coronavirus

Coronavirus testing data for Napa County: www.countyofnapa.org/2776

California State Shelter-At-Home Order: https://covid19.ca.gov/stay-home-except-for-essential-needs/ (Includes FAQ's)

California Department of Public Health: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx

Corona Virus Information from the CDC: https://www.cdc.gov/coronavirus/2019-ncov/index.html

FINANCIAL ASSISTANCE

Emergency Financial Assistance - Napa Valley Community Foundation
Residents of Calistoga, St. Helena, and surrounding areas: 707-965-5010 or e-mail: efa@upvalleyfamilycenters.org
Residents of Napa, Yountville, and American Canyon: 707-363-8390 or e-mail: efa@onthemovebayarea.org

CARE and FERA are programs that help eligible customers pay their energy bills. Complete the online CARE/FERA enrollment form and we'll let you know if you’re eligible.

- **California Alternate Rates for Energy Program (CARE).** A monthly discount of 20% or more on gas and electricity. Participants qualify through income guidelines or if enrolled in certain public assistance programs.
- **Family Electric Rate Assistance Program (FERA).** A monthly discount of 18% on electricity only. Must be a household with three or more people. Participants qualify through income guidelines.

**Low Income Energy Assistance Program (LIHEAP):** 866-674-6327 or https://www.benefits.gov/benefit/623

The Low Income Home Energy Assistance Program (LIHEAP) assists eligible low-income households with their heating and cooling energy costs, bill payment assistance, energy crisis assistance, weatherization and energy-related home repairs.

**California’s Low Cost Auto Insurance Program:** 1-866-602-8861 or https://www.mylowcostauto.com/get-started/program-overview

If you have a valid driver’s license and drive a vehicle, the law requires that you have auto insurance. California’s Low Cost Auto (CLCA) Insurance program is a state-sponsored program that makes auto insurance affordable, helping you drive responsibly and legally.

- **California Employment Development Department:**
  https://www.edd.ca.gov/about_edd/coronavirus-2019.htm?fbclid=IwAR3qi86alrWmq6vAAkdcLKNqRTXsabDji3lvHLJ3y3V3y1co9jRw

  The EDD provides a variety of support services to people who have lost their jobs, had their hours reduced, or had their businesses affected due to the impacts of COVID-19 in California.


**FOOD RESOURCES**

**Feeding It Forward:** 707-200-3691 or https://fifnv.org/. Feeding It Forward works to reduce waste and alleviate hunger in Napa County through collaborative efforts. We rescue excess fresh food from donors and deliver it to organizations fighting hunger in our community.

**Community Action of Napa Valley:** 707-253-6100 or http://canv.org/. Every day Community Action supplies healthy, life-sustaining food to local people to eliminate hunger and support healthy living. Community Action food and nutrition programs include the Food Bank, Meals on Wheels and Congregate Meals.
FOOD BANK

Food Bank: 707-253-6128 or http://canv.org/food-nutrition/food-bank/
Allows low-income residents of Napa County to receive an allotment of food from one of 7 locations every 30 days. Allotments are based on household size but will consist of meat, dairy, produce and dry and canned food items. Pantries are located in the City of Napa, Calistoga, St. Helena, Lake Berryessa, Pope Valley, Angwin, and American Canyon.

MEALS ON WHEELS

Meals on Wheels 707-253-6100 or http://canv.org/food-nutrition/meals-on-wheels-for-seniors/
A program of Community Action Napa Valley, MoW delivers 2-3 meals a day, 3 times a week, to home-bound seniors. Must be aged 60+ to be eligible.
Effective Monday, March 16, 2020 meals will be delivered three times a week:
- Mondays – 2 meals will be delivered
- Wednesdays – 2 meals will be delivered
- Fridays – 3 meals will be delivered
For Congregate Meals Only: meals are also being delivered to congregate clients, same schedule as above. Or, congregate clients may pick up their meals on Mondays, Wednesdays and Fridays between 11:30am and 12noon at the Napa Senior Center.

FREE FOOD MARKETS

Free Food Markets: Open to everyone, first come first serve, bring a reusable bag

1st Friday 2-4pm Hope Christian Center 721 Trancas St., Napa
1st Friday 2-4pm Holy Family Catholic Church 101 Anonina Ave, American Canyon
2nd Friday 2-4pm Napa County Health & Human Services 2751 Napa Valley Corporate Way, Napa
3rd Friday 2-4pm Ole Health 1141 Pear Tree Lane, Napa
4th Friday 2-4pm Napa Spanish Church 1011 Pueblo Ave., Napa
5th Friday 2-4pm Covenant Presbyterian Church 1226 Salvador Ave, Napa
3rd Tuesday 4-6pm Our Lady of Perpetual Help Church 901 Washington St., Calistoga
1st & 3rd Wed 2-3pm St. Helena Seventh Day Adventist Church 1777 Main St., St. Helena

FARMERS MARKET

Napa Farmers Market: 707-501-3087 or napafarmersmarket.org
Temporarily located at: Oxbow & CIA at Copia parking lot.
Market Hours: Tuesdays & Saturdays 9:00am – 12noon.
Seniors 65+ only: 8:00am – 9:00am

Calistoga Farmers Market
1311 Washington St., (Between Police Station and Sharpsteen museum.)
Market Hours: Saturdays 8:00am – 12noon
No special senior hours.
**CALFRESH**

**CalFresh**: 707-253-4511 or [https://www.cdss.ca.gov/food-nutrition/calfresh](https://www.cdss.ca.gov/food-nutrition/calfresh)

CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.

**HEALTH**

**NAPA COUNTY HEALTH AND HUMAN SERVICES**

**Alcohol & Drug Services Division** 707-253-4063 or [https://www.countyofnapa.org/160/Alcohol-Drug-Services](https://www.countyofnapa.org/160/Alcohol-Drug-Services)

- **Alcohol and Drug Access**: Our Access phone line is operating as usual. We are providing intake assessments by phone and accepting new clients into treatment services. Intake staff are available Monday-Friday from 8AM to 5PM.

**Self Sufficiency Services Division** 707-253-4511 or [https://www.countyofnapa.org/361/Self-Sufficiency-Services](https://www.countyofnapa.org/361/Self-Sufficiency-Services)

- **Emergency Public Assistance Applications** (phone interviews same day)
  - CalFresh Expedited
  - CalWORKs Immediate Need and Temporary Homeless Assistance
  - Medi-Cal emergencies
  - Other cash programs such as GA and CAPI
- **Public Assistance Applications** (phone interviews)
  - CalFresh
  - CalWORKs
  - Medi-Cal intake
  - CMSP
- **Benefit Card Issuance** (emergencies – pick up by appointment)
  - EBT card issuance for CalWORKs and CalFresh recipients
  - BIC card issuance for Medi-Cal emergencies

**Public Health** 707-253-4270 or [https://www.countyofnapa.org/243/Public-Health](https://www.countyofnapa.org/243/Public-Health)

- **Communicable Disease Program**: Open. Telephone only. **Call**: 707-253-4231.
- **Immunization Clinic**: Open. Offering lab specimen drop-off only. **Call ahead**: 707-253-4270.
- **Vital Statistics**: Open. Birth certificate requests by mail only. Only death certificates will be issued to funeral homes during this time by appointment. **Call**: 707-253-4506.

**Mental Health** 707-253-4306

- **Mental Health Access**: Our Access phone line is operating as usual. We are providing mental health assessments via the phone. Mental Health Clinicians are available Monday-Friday 8-5 to provide brief mental health counseling.
- **Crisis Services**: The Crisis Stabilization Unit is open 24 hours a day.
• **Medication Clinic**: Adult medication clinic is open and seeing clients face to face by APPOINTMENT ONLY.
• **Adult Therapy Services**: We are suspending group therapy until further notice. Therapists are providing current clients with individual counseling services over the phone.
• **Adult Case Management Services**: Therapists are providing current clients with counseling and case management services over the phone.
• **Adult and Older Adult Full Service Partnership Services**: Therapists are providing current clients with counseling and case management services over the phone.
• **CONREP Services**: Therapists are providing current clients with counseling and case management services over the phone and face to face by appointment only. Group counseling for CONREP client is provided over the phone.
• **Mental Health Court**: We are providing current clients with individual counseling over the phone.
• **System Navigators**: Mental Health Workers are available for community resources over the phone.
HEALTH INSURANCE

Community Health Initiative: 707-227-0830 or http://www.napachi.org/en
Working with our community partners, CHI’s specially trained, bilingual/bicultural staff reaches out to families in Napa County who need information and assistance in enrolling in affordable health insurance plans, including Medi-Cal, Medicare and Covered California.

HOUSING

Staff from the Housing Authority of the City of Napa, the Napa County Housing and Homeless Services Division are working together with Abode Housing to identify housing-related funds that can be redirected to assist with the COVID-19 response to renters in all of Napa County. We encourage those in need of rental assistance to email seasonofsharing@countyofnapa.org or call 707-299-1890 to get on the list for follow-up related to rental assistance programs from government sources. We are experiencing a high demand for services and will strive to return calls as soon as possible.

LEGAL

Bay Area Legal Aid: 707-259-0579 or https://baylegal.org/get-help/find-an-office/napa-county/
Provides low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation.
Legal Advice Line: 800-551-5554 or Health Consumer Center 855-693-7285

Due to Covid-19 the office is closed. You can reach Bay Area Legal by telephone and their website will continue to be updated regularly with the most recent information and resources throughout the period of public health emergency.

PHONES & INTERNET

California Phones: from the California Telephone Access Program (CTAP) provides free specialized phones and accessories for your mobile phone to all qualified Californians. These devices make it easier to hear, dial, and call. A Program of the California Public Utilities Commission.
Call: 1-800-806-1191 or https://californiaphones.org/

Lifeline: Lifeline is a federal program that lowers the monthly cost of phone and internet. Eligible customers will get up to $9.25 toward their bill. You can only use Lifeline for either phone or internet, but not both.
Call: 800-234-9473 or https://www.lifelinesupport.org/

In response to the public health crisis, Access from AT&T is temporarily:
- Offering **two months of free service** to new customers who order Access by April 30, 2020. $5/mo or $10/mo thereafter, depending on your speed.
- **Expanding eligibility** based on income and to households participating in National School Lunch Program/Head Start
- **Waiving** all home internet data overage fees

### MENTAL HEALTH

#### MENTAL HEALTH CRISIS HOTLINES

National Suicide Hotline: 1-800-273-8255

24 Hour Mental Health Crisis Hotline: 888-619-6913

Crisis Text Line: text “GO” to 741741

Trevor Project Hotline: 1-866-488-7386 or text: 678678

Crisis Stabilization Services/Exodus: 707-253-4711
For anyone age 5+ in immediate crisis, needing evaluation and crisis intervention HHSA South Campus, 2751 Napa Valley Corporate Way, Bldg. B

#### MENTAL HEALTH SUPPORT LINES

Napa County Mental Health Access: 707-259-8151 or 800-648-8650
Offers mental health assessments and referrals as well as warm line support (Monday – Friday, 8 a.m. – 5 p.m.) for individuals of all ages who are experiencing anxiety, stress, worry, depression, etc. related to COVID-19.

**Health Minds Healthy Aging:** **English:** 707-299-1885 or **Spanish:** 707-299-1884.
Support Monday through Friday, 9am – 5pm for older adults (60+) experiencing heightened anxiety and worry due to COVID-19.
Aldea Bilingual Family Wellness Support Line: 707-543-1152
8am – 8pm, 7 days/week. Help for parents and guardians who are dealing with their children’s anxiety and worry due to COVID-19.

National Distress Helpline (SAMHSA): 1-800-985-5990 (English and Español) or text “TalkWithUs” to 66746, Spanish-speakers should text “Hablanos” to 66746.
The Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.

SENIOR SHOPPING

SPECIAL GROCERY AND PHARMACY STORE HOURS FOR SENIORS
(Updated: 5.2.2020)

<table>
<thead>
<tr>
<th>GROCERY STORE</th>
<th>SENIOR SHOPPING HOURS</th>
<th>NOTES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>AMERICAN CANYON – Grocery</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Walmart Super Center  
7011 Main St  
(707) 557-4393 | Tuesdays  
6:00 - 7:00 a.m. | Store Hours:  
Monday – Sunday 7am – 8:30pm |
| Walgreens  
210 American Canyon Rd  
(707) 557-0103 | Tuesdays  
8:00 - 9:00 a.m. | Store Hours:  
Mon. - Friday: 8:00 a.m. - 9:00 p.m.  
Saturday - Sunday: 9:00 a.m. - 9:00 p.m.  
Pharmacy:  
Monday - Friday: 8:00 a.m. - 9:00 p.m.  
Sat.: 9:00 a.m. - 6:00 p.m.  
Sunday: 10:00 a.m. - 6:00 p.m. |
| Safeway  
103 American Canyon Rd  
(707) 649-5150 | Sundays, Tuesdays and Thursdays  
6:00 – 9:00 a.m. | Curbside pick up and delivery available.  
Store Hours:  
Monday – Sunday, 6 a.m. – 10 p.m. |

<table>
<thead>
<tr>
<th><strong>NAPA – Grocery</strong></th>
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</tr>
</thead>
</table>
| Walmart  
681 Lincoln Ave.  
(707) 224-8797 | Tuesdays  
6:00 - 7:00 a.m. | Can order groceries on line and pick-up.  
Store Hours:  
Monday – Sunday 7am – 8:30pm |
| Whole Foods  
3682 Bel Aire Plz  
(707) 224-6300 | Daily  
8:00 – 9:00 a.m. | Store Hours:  
Monday – Sunday, 9 a.m. – 8:00 p.m. |
| **Target (North)**  
4000 Bel Aire Plz  
(707) 225-3016 | Tuesdays & Wednesdays  
8:00 - 9:00 a.m. | Will reserve the first hour of shopping each Tuesday and Wednesday for vulnerable population.  
Store Hours:  
Monday – Sunday, 8 a.m. – 9 p.m. |
| **Target (South)**  
205 Soscol Ave  
(707) 224-1058 | Wednesdays  
8:00 - 9:00 a.m. | Will reserve the first hour of shopping each Tuesday and Wednesday for vulnerable population.  
Store Hours:  
Monday – Sunday, 8 a.m. – 9 p.m. |
<table>
<thead>
<tr>
<th><strong>Store</strong></th>
<th><strong>Location</strong></th>
<th><strong>Operating Hours</strong></th>
<th><strong>Notes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Safeway</td>
<td>3375 Jefferson St</td>
<td>Sundays, Tuesdays &amp; Thursdays 6:00 – 9:00 a.m.</td>
<td>Curbside pick-up and delivery available. Store Hours: Monday – Sunday, 6 a.m. – 10 p.m.</td>
</tr>
<tr>
<td>Lucky</td>
<td>2355 California Blvd</td>
<td>Tuesdays &amp; Thursdays 7:00 - 9:00 a.m.</td>
<td>Store Hours: Monday – Sunday: 6 a.m. – 10 p.m.</td>
</tr>
<tr>
<td>Lucky</td>
<td>1312 Trancas St.</td>
<td>Tuesdays &amp; Thursdays 7:00 - 9:00 a.m.</td>
<td>Store Hours: Monday – Sunday: 6 a.m. – 10 p.m.</td>
</tr>
<tr>
<td>Nob Hill Foods</td>
<td>611 Trancas St.</td>
<td>No senior hours.</td>
<td>Essentials Bags (for seniors and at-risk customers) available for purchase ($20) at a discounted price. These bags can be picked up daily curbside or in-store. Contains a mix of fresh items and pantry staples. Store Hours: Monday – Sunday, 6 a.m. – 11 p.m.</td>
</tr>
<tr>
<td>Raley’s</td>
<td>217 Soscol Ave</td>
<td>No senior hours.</td>
<td>Essentials Bags (for seniors and at-risk customers) available for purchase ($20) at a discounted price. These bags can be picked up daily curbside or in-store. Contains a mix of fresh items and pantry staples. Store Hours: Monday – Sunday, 6 a.m. – 11 p.m.</td>
</tr>
<tr>
<td>Grocery Outlet</td>
<td>1491 W Imola Ave</td>
<td>No senior hours.</td>
<td>Store Hours: Monday – Sunday, 6 a.m. – 11 p.m.</td>
</tr>
<tr>
<td>Trader Joe’s</td>
<td>3654 Bel Aire Plz</td>
<td>Daily 8:00 – 9:00 a.m.</td>
<td>Senior hour is for customers 60+ and those with disabilities. Store Hours: 9:00 a.m. – 7:00 p.m.</td>
</tr>
<tr>
<td>Brown’s Valley Market</td>
<td>3263 Browns Valley Rd</td>
<td>No senior hours.</td>
<td>Store Hours: Monday-Sunday, 8:00 a.m. - 7:00 p.m.</td>
</tr>
<tr>
<td>Ranch Market</td>
<td>4215 Solano Ave.</td>
<td>No senior hours.</td>
<td>Home deliveries are available. Store Hours: Monday-Sunday, 6:00 a.m. -8:00 p.m.</td>
</tr>
<tr>
<td>UPVALLEY Grocery (Yountville, Oakville, St. Helena, Angwin, Pope Valley, and Calistoga)</td>
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</tbody>
</table>

**GROCERY STORE** | **SENIOR SHOPPING HOURS** | **NOTES**                                                                                                                                                                                                 |
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Oakville Grocery</td>
<td>7856 St. Helena Hwy</td>
<td>No answer when calling.</td>
</tr>
<tr>
<td>Oakville</td>
<td>(707) 944-8802</td>
<td>Curbside delivery available. Store Hours: Mon. - Saturday: 8:00 a.m. to 4:00 p.m. Sunday: Closed</td>
</tr>
<tr>
<td>Ranch Market Too</td>
<td>6498 Washington St.</td>
<td>No senior hours.</td>
</tr>
<tr>
<td>Yountville</td>
<td>(707) 944-2662</td>
<td>No services for seniors. Store Hours: Monday - Sunday: 6:00 a.m. to 8:00 p.m.</td>
</tr>
<tr>
<td>Sunshine Foods</td>
<td>1115 Main St.</td>
<td>See notes.</td>
</tr>
<tr>
<td>St. Helena</td>
<td>(707) 963-7070</td>
<td>Deliveries Monday – Friday via volunteers. Shopping limited to 20 shoppers. Call-in orders available Mon - Thurs. Allow 24+ hours before delivery or curbside pick-up. E-mail orders to: <a href="mailto:sunshinefoodsmarket@gmail.com">sunshinefoodsmarket@gmail.com</a> Store Hours: 7:30 a.m. - 7:00 p.m.</td>
</tr>
<tr>
<td>PHARMACY</td>
<td>SENIOR SHOPPING HOURS</td>
<td>NOTES</td>
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<tr>
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</tr>
<tr>
<td>Walmart Supercenter</td>
<td>Tuesdays</td>
<td>Delivery by mail or curbside pick-up - prescriptions only. Pharmacy hours: Mon, Wed, Thurs, Fri, Sat: 9 a.m. – 7 p.m. Tuesday: 6 a.m. – 7 p.m. Sunday: 10 a.m. – 6 p.m. Saturday and Sunday closed for break: 1:15 – 2:15 p.m.</td>
</tr>
<tr>
<td>Safeway Pharmacy</td>
<td>Tuesdays, Thursdays &amp; Sundays</td>
<td>Pharmacy hours: Monday, Wednesday, Friday: 9 a.m. – 8 p.m. Tuesday, Thursday: 7 a.m. – 7 p.m. Saturday: 9 a.m. – 5 p.m. Sunday: 7 a.m. – 3 p.m.</td>
</tr>
<tr>
<td>CVS</td>
<td>Wednesdays</td>
<td>Prescription delivery (FREE during pandemic). Must sign-up online with credit card. Prescriptions sent through US Mail. Drive-thru pharmacy. Pharmacy hours: Monday – Friday: 9 a.m. – 8 p.m. Saturday: 9 a.m. – 5 p.m. Sunday: 7 a.m. – 3 p.m.</td>
</tr>
<tr>
<td>Pharmacy</td>
<td>Address</td>
<td>Days</td>
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</tr>
<tr>
<td>CVS</td>
<td>1558 Trancas St. Napa</td>
<td>Wednesdays</td>
</tr>
<tr>
<td>Walgreens</td>
<td>1685 Trancas St., Napa</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Walmart Pharmacy</td>
<td>681 Lincoln Ave., Napa</td>
<td>Tuesdays</td>
</tr>
<tr>
<td>Safeway Pharmacy</td>
<td>3375 Jefferson St., Napa</td>
<td>Tuesdays, Thursdays &amp; Sundays</td>
</tr>
<tr>
<td>Lucky Pharmacy</td>
<td>1312 Trancas St, Napa</td>
<td>Tuesdays &amp; Thursdays</td>
</tr>
<tr>
<td>Lucky Pharmacy</td>
<td>2355 California Blvd., Napa</td>
<td>Tuesdays &amp; Thursdays</td>
</tr>
<tr>
<td>Rite Aide</td>
<td>1203 W Imola Ave., Napa</td>
<td>Mondays &amp; Fridays</td>
</tr>
<tr>
<td>Deer Park Pharmacy</td>
<td>6 Woodland Rd. St. Helena</td>
<td>No senior hours.</td>
</tr>
<tr>
<td>Smith's Pharmacy</td>
<td>1390 Railroad Ave. St. Helena</td>
<td>No senior hours.</td>
</tr>
</tbody>
</table>
Vasconi’s Pharmacy
1381 Main St., St. Helena
(707) 963-1444

No senior hours.

Delivers Monday thru Friday (no charge).
Will also deliver other over-the-counter items. Curbside pick-up also available.

Pharmacy hours:
Monday – Friday: 9 a.m. – 6 p.m.
Saturday: 10 a.m. – 2 p.m.
Sunday: Closed

Silverado Pharmacy
1473 Lincoln Ave.
Calistoga
707-942-5115

Delivers Monday thru Friday (no charge).
Will deliver prescriptions.

Pharmacy hours:
Monday – Friday: 9:30 a.m. – 6 p.m.
Saturday and Sunday: Closed

SENIOR CENTERS

Rianda House: 707-963-8555 or https://www.riandahouse.org/
1475 Main St., St. Helena, CA 94574
Monday – Friday 9:00am-4:00pm

Senior Activity Center: 707-255-1800 or https://www.cityofnapa.org/386/Fun-Over-50
1500 Jefferson St., Napa, CA 94559
Monday – Friday 8:00am-7:00pm, Sat & Sun 9:00am-1:00pm

American Canyon Senior Multi-Use Center: 707-647-5350
2185 Elliot Dr., American Canyon, CA 94503

TELEPHONE REASSURANCE

Institute on Aging’s Friendship Line: 800-971-0016 or https://www.ioaging.org/services/all-inclusive-health-care/friendship-line
This is both a crisis intervention hotline and a warm line for non-emergency emotional support.

Molly’s Angels’ Telephone Reassurance Line: 707-224-8971 or http://www.mollysangels.com/
Weekly check-in calls to older adults (60+) living alone in Napa County offering a safety check, and friendly conversation, helping to alleviate loneliness and depression.

Covia’s Well Connected Program: 877-797-7299 or coviaconnections@covia.org
Offers activities, education, support groups, and friendly conversation over the phone or online.
Napa Valley Transportation Authority: 707-251-2800 or https://vinetransit.com/
625 Burnell St., Napa, CA 94559

In response to the reduced ridership demand on the Vine Fixed Route System in the City of Napa, Routes A through H will transition from fixed route to “stop to stop on demand”. Riders will be able to hail a ride to their stop using the “NVTA Ride the Vine” app, or by calling NVTA’s dispatch line at 707-251-1097. The service changes begin on April 27.

Other service changes currently in effect:
- Regional Service on the 10 and 11 on Monday-Saturday hours have been reduced to typical Saturday Service. Routes 10/11 Sunday service is on the normal Sunday Schedule.
- Fares are waived on all services. Rear door boarding is mandatory on vehicles with more than one door.
- Service on the 10X and 11X have been temporarily suspended.
- The Routes 21 and 29 commuter service are operating on normal weekday schedule.

VineGo ADA Paratransit Services: 707-253-4649
Services remain unchanged but eligibility is being done via telephone.

Molly’s Angels: 707-224-8971
Volunteer medical transportation (Seniors 60+) to doctor, clinic and hospital appointments.

St. Helena Shuttle: 707-963-3007
Hours: Monday - Saturday 9 a.m. – 7 p.m., Sunday CLOSED. $1 per ride in town.

Calistoga Shuttle: 707-963-4229
Hours: Monday - Saturday 7:00 a.m. - 7:00 p.m. Sunday: 11:00 a.m. - 7:00 p.m.
$1 per ride in town.

VETERANS

The Department of Veterans Affairs (VA) announced, April 3, a number of actions to provide Veterans with financial, benefits and claims help amid VA’s COVID-19 response. https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5412

- For benefit debts, Veterans can contact the VA Debt Management Center at 1-800-827-0648 to make arrangements.
- For health care debts, Veterans can contact the Health Resource Center at 1-888-827-4817 to make arrangements.
# VARIOUS AGENCY FLYERS

Click a flyer image to view a full size version of the flyer.

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## Napa Valley Food Bank

### Food Pantries

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours of Distribution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Napa</td>
<td>Tuesday 9am-1:30pm, Thursday 3:30-5pm</td>
</tr>
<tr>
<td>American Canyon</td>
<td>Second &amp; fourth Thurs, 12pm-2pm</td>
</tr>
<tr>
<td>North of NapaVille</td>
<td>Tuesday &amp; Wed, 10am-1pm</td>
</tr>
<tr>
<td>Calistoga</td>
<td>Second &amp; fourth Thurs, 12pm-2pm</td>
</tr>
<tr>
<td>Pope Valley</td>
<td>Third Wednesday, 12pm-2pm</td>
</tr>
<tr>
<td>Berryessa</td>
<td>Third Wednesday, 12pm-2pm</td>
</tr>
</tbody>
</table>

In order to receive food, 1 person per household every 30 days must provide a photo ID, one with current address, and one with ID. You must also fill out an application upon your first visit and every year thereafter.

To receive these services, you do not need a referral; just go to the location in your neighborhood and follow the hours of service. It is also suggested that you bring at least 6 of your own shopping bags or boxes.

## FREE FOOD MARKETS

- Open to EVERYONE
- First come, first served
- Bring a reusable bag

<table>
<thead>
<tr>
<th>When</th>
<th>Organizer</th>
<th>Address/Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Every 1st Friday 2-4 PM</td>
<td>Hope Christian Center</td>
<td>721 Trancas Street, Holy Family Catholic Church</td>
</tr>
<tr>
<td>Every 2nd Friday 2-4 PM</td>
<td>Napa County Health &amp; Human Services</td>
<td>2751 Napa Valley Corporate Drive</td>
</tr>
<tr>
<td>Every 3rd Friday 2-4 PM</td>
<td>OLE Health</td>
<td>1141 Pear Tree Lane</td>
</tr>
<tr>
<td>Every 4th Friday 2-4 PM</td>
<td>Napa Spanish SDA Church</td>
<td>1011 Pueblo Avenue</td>
</tr>
<tr>
<td>Every 5th Friday 2-4 PM</td>
<td>Covenant Presbyterian Church*</td>
<td>1225 Salvador Avenue</td>
</tr>
<tr>
<td>Every 3rd Tuesday 4-6 PM</td>
<td>Our Lady of Perpetual Help Church</td>
<td>901 Washington Street, Calistoga</td>
</tr>
<tr>
<td>Every 1st and 3rd Wednesday 2-3 PM</td>
<td>St Helena Seventh Day Adventist Church</td>
<td>1777 Main Street, St Helena</td>
</tr>
</tbody>
</table>

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Check [www.countyofnapa.org/csoa](http://www.countyofnapa.org/csoa) for updated guide
COVID-19 PANDEMIC
MENTAL HEALTH RESOURCES
NAPA COUNTYWIDE

National Suicide Prevention Lifeline: 1-800-273-TALK (1-800-273-8255)

Mental Health Crisis Hotlines

24/7

Mental Health Support Lines

Napa County Mental Health: (800) 686-4850

Mental Health Treatment Resources

Napa Valley COAD | ReadyNapCounty.org

UPDATES: April 20, 2020

Click on a flyer image to view the full size flyer.

老人 (60+)，Free Mental Health Support Line

New Resource to support our most vulnerable community members. Older adults can talk with a mental health professional about fear, anxiety, depression, or trauma. This support line is available to any older adult over 60 in Napa County. Please leave a message and someone will return your call ASAP from 9 am to 5 pm.

Mental Health Crisis Hotlines

Napa County Mental Health: (800) 686-4850

Mental Health Support Lines

Napa County Mental Health Access: Mental Health Assessment and referrals: (800) 686-4850

Mental Health Hotline: Call Bilingual: (707) 269-6900 ext. 102

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If you have lost your job or suffered a decrease in your income because of the Novel Coronavirus, you may be eligible for Emergency Financial Assistance.

To be eligible for Emergency Financial Assistance, you must:

- Live in Napa County
- Meet certain income guidelines based on the number of people in your household
- Not have access to government-sponsored unemployment benefits like EDD or paid family leave benefits.

To sign up for an appointment and learn more, please call or email:

- For residents of Calistoga, St. Helena and surrounding areas – please call (707) 965-5010 or email efa@upvalleyfamilycenters.org. Office hours are 9 am to 5 pm Monday through Friday.
- For residents of Napa, Yountville and American Canyon – please call (707) 363-8390 or email efa@centerournabayarea.org. Office hours are 9 am to 5 pm Monday through Friday.

To be eligible for Emergency Financial Assistance, your annual household income must be at or below the figures that follow, based on the number of people in your household.

<table>
<thead>
<tr>
<th>Number of People in Your Household</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$64,350</td>
<td>$96,400</td>
<td>$108,450</td>
<td>$120,500</td>
<td>$130,150</td>
<td>$139,800</td>
<td>$149,400</td>
<td>$159,050</td>
</tr>
</tbody>
</table>

Please note: Napa Valley Community Foundation provides funding to other nonprofit organizations to administer the EFA program. Please use the phone numbers and email addresses above to sign up for an appointment, as our offices are closed because of the COVID-19 pandemic.
Continued Services

Due to the COVID-19, to protect the health of all clients, visitors and staff we have closed our physical offices. Our attorneys and other staff continue to work to advocate for your rights. You can reach us by telephone, and our website will continue to be updated regularly with the most recent information and resources throughout the period of public health emergency.

For assistance please call:
Legal Advice Line: (800) 551-5554
Health Consumer Center: (855) 693-7285
WWW.BAYLEGAL.ORG = resources and services

If you know a senior who needs emotional support, refer them to the Friendship Line 888.670.1390.
We’re ready to listen 24/7.

If you know a senior who needs emotional support, refer them to the Friendship Line 888.670.1390.
We’re ready to listen 24/7.

Covid-19 Senior Grocery and Pharmacy Hours – updated 5.2.2020

AMERICAN CANYON – Grocery Stores

<table>
<thead>
<tr>
<th>Store Name</th>
<th>Address</th>
<th>Phone</th>
<th>Vendor</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Safeway</td>
<td>1669 Main St.</td>
<td>(707) 459-9797</td>
<td>Whole Foods</td>
<td>Mon-Sat: 7:00-9:00 PM, Sun: 8:00-8:00 PM</td>
</tr>
<tr>
<td>Target</td>
<td>1669 Main St.</td>
<td>(707) 436-4500</td>
<td>Walgreens</td>
<td>Mon-Sat: 8:00-9:00 PM, Sun: 8:00-8:00 PM</td>
</tr>
</tbody>
</table>

NAPA – Grocery Stores

<table>
<thead>
<tr>
<th>Store Name</th>
<th>Address</th>
<th>Phone</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Safeway</td>
<td>1100 Randolph Ave.</td>
<td>(707) 252-2798</td>
<td>Mon-Sat: 7:00-9:00 PM, Sun: 8:00-8:00 PM</td>
</tr>
<tr>
<td>Target</td>
<td>1100 Randolph Ave.</td>
<td>(707) 251-5533</td>
<td>Mon-Sat: 8:00-9:00 PM, Sun: 8:00-8:00 PM</td>
</tr>
<tr>
<td>Walgreens</td>
<td>1100 Randolph Ave.</td>
<td>(707) 252-2200</td>
<td>Mon-Sat: 8:00-9:00 PM, Sun: 8:00-8:00 PM</td>
</tr>
</tbody>
</table>

Unemployment Insurance (UI)

Get info on how to file a new claim or reopen an existing claim.
Get general instructions and watch instructional videos.
Visit the EDD Customer Support Center, and EDD’s Automatic Self Service Center for questions.
Superior Court Support: 1-888-933-4551

For assistance please call:
Legal Advice Line: (800) 551-5554
Health Consumer Center: (855) 693-7285
WWW.BAYLEGAL.ORG = resources and services

Check www.countyofnapa.org/csoa for updated guide