

COVID-19 PANDEMIC



Senior Resource Guide

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CAREGIVERS

CAREGIVER TRAINING

Care Academy: 866-227-3895 or <https://info.careacademy.com/en-us/covid19-certification-class>

Care Academy's FREE **COVID-19 Certification Class** prepares direct care workers to perform critical frontline work during today's challenging times. With this self-study class, gain relevant, reliable information about the virus and learn how to care for yourself and your care recipients amidst the COVID-19 pandemic.

COMPREHENSIVE SERVICES FOR OLDER ADULTS



Comprehensive Services for Older Adults (CSOA) provides services designed to ensure that the elderly, blind and people with disabilities maintain their highest potential level of independence and quality of life.

Located at: 650 Imperial Way, Suite 101, **call:** 707-253-3818 or <https://www.countyofnapa.org/182/Comprehensive-Services-for-Older-Adults>

- **In-Home Supportive Services (IHSS):** 707-253-6272 or <https://www.countyofnapa.org/187/In-Home-Supportive-Services> is accepting referrals for services via telephone & e-mail only.
- **Adult Protective Services:** 707-253-4398 or (toll free) 888-619-6913 or <https://www.countyofnapa.org/185/Adult-Protective-Services> is responding to all reports of elder or dependent adult abuse.
- **IHSS Public Authority:** 707-259-8359 or <https://www.countyofnapa.org/702/In-Home-Support-Services-Public-Authorit> provider orientations by appointment, and provider questions and concerns via telephone only and email @ IHSSPublicAuthority@countyofnapa.org.
- **Senior Information and Assistance:** 707-253-4248
- **Veterans Office:** 707-253-4558 or vets@napavets.com is providing limited assistance by phone or email only with the goal of responding to all calls and messages within 24 hours.

COVID-19

TELEPHONE

Napa County Public Information & Support: 707-253-4540
(Monday – Friday, from 9 a.m. to 12 p.m. and 1 p.m. to 5 p.m.)

Library Reference & Support: 707-253-4241
(Monday – Saturday, from 10 a.m. to 6 p.m. and Sunday 1 p.m. to 5 p.m.)

California COVID-19 Hotline: 1-833-544-2374

The state is providing a COVID-19 information line for seniors and individuals to get their questions and concerns answered as well as to get assistance during the crisis.

EMAIL

General questions or information: coronavirus@countyofnapa.org

Report a shelter-at-home violation: covid19compliance@countyofnapa.org

TESTING

COVID-19 Testing is recommended for ALL Napa County residents. Repeat testing is now available and recommended every 14 days for those with exposure to the community or to other households.

- **Call:** 707-253-4540 to schedule a test
- **On-line:** register for a test <https://www.projectbaseline.com/study/covid-19/>

For additional information regarding testing: <https://www.countyofnapa.org/2776/COVID-19-Testing>

WEBSITES

Napa County Local Assistance Center: www.readynapacounty.org
(where to find food, financial and health assistance and information)

Communities Organizations Active in Disaster: <http://napavalleycoad.org/home/covid-19/>

Coronavirus situational updates and other information: www.countyofnapa.org/Coronavirus

Coronavirus testing data for Napa County: www.countyofnapa.org/2776

California State Shelter-At-Home Order: <https://covid19.ca.gov/stay-home-except-for-essential-needs/> (Includes FAQ's)

California Department of Public Health:
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

Corona Virus Information from the CDC: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

FINANCIAL ASSISTANCE



Emergency Financial Assistance - Napa Valley Community Foundation

Residents of Calistoga, St. Helena, and surrounding areas: 707-965-5010 or e-mail:
efa@upvalleyfamilycenters.org

Residents of Napa, Yountville, and American Canyon: 707-363-8390 or e-mail:

efa@onthemovebayarea.org

PG & E Discount Programs: 877-660-6789 or https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page

CARE and FERA are programs that help eligible customers pay their energy bills. Complete the online CARE/FERA enrollment form and we'll let you know if you're eligible.

- **California Alternate Rates for Energy Program (CARE).** A monthly discount of 20% or more on gas and electricity. Participants qualify through income guidelines or if enrolled in certain public assistance programs.
- **Family Electric Rate Assistance Program (FERA).** A monthly discount of 18% on electricity only. Must be a household with three or more people. Participants qualify through income guidelines.

Low Income Energy Assistance Program (LIHEAP): 866-674-6327 or <https://www.benefits.gov/benefit/623>

The Low Income Home Energy Assistance Program (LIHEAP) assists eligible low-income households with their heating and cooling energy costs, bill payment assistance, energy crisis assistance, weatherization and energy-related home repairs.

California's Low Cost Auto Insurance Program: 1-866-602-8861 or <https://www.mylowcostauto.com/get-started/program-overview>

If you have a valid driver's license and drive a vehicle, the law requires that you have auto insurance. California's Low Cost Auto (CLCA) Insurance program is a state-sponsored program that makes auto insurance affordable, helping you drive responsibly and legally.



California Employment Development Department:

https://www.edd.ca.gov/about_edd/coronavirus-2019.htm?fbclid=IwAR3qj86alrfWmq6vAAkdclKNqRTXsabDji31vHLJs3LvPnbNGV3y1co9jRw

The EDD provides a variety of support services to people who have lost their jobs, had their hours reduced, or had their businesses affected due to the impacts of COVID-19 in California.

Corona Virus Tax Relief and Economic Impact Payments: <https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments>

FOOD RESOURCES



Feeding It Forward: 707-200-3691 or <https://fifnv.org/>. Feeding It Forward works to reduce waste and alleviate hunger in Napa County through collaborative efforts. We rescue excess fresh food from donors and deliver it to organizations fighting hunger in our community.

Community Action of Napa Valley: 707-253-6100 or <http://canv.org/>. Every day Community Action supplies healthy, life-sustaining food to local people to eliminate hunger and support healthy living. Community Action food and nutrition programs include the **Food Bank**, **Meals on Wheels** and **Congregate Meals**.

FOOD BANK



Food Bank: 707-253-6128 or <http://canv.org/food-nutrition/food-bank/>

Allows low-income residents of Napa County to receive an allotment of food from one of 7 locations every 30 days. Allotments are based on household size but will consist of meat, dairy, produce and dry and canned food items. Pantries are located in the City of Napa, Calistoga, St. Helena, Lake Berryessa, Pope Valley, Angwin, and American Canyon.

MEALS ON WHEELS

Meals on Wheels 707-253-6100 or <http://canv.org/food-nutrition/meals-on-wheels-for-seniors/>

A program of Community Action Napa Valley, MoW delivers 2-3 meals a day, 3 times a week, to home-bound seniors. Must be aged 60+ to be eligible.

Effective Monday, March 16, 2020 meals will be delivered three times a week:

- Mondays – 2 meals will be delivered
- Wednesdays – 2 meals will be delivered
- Fridays – 3 meals will be delivered

For Congregate Meals Only: meals are also being delivered to congregate clients, same schedule as above. Or, congregate clients may pick up their meals on Mondays, Wednesdays and Fridays between 11:30am and 12noon at the Napa Senior Center.

FREE FOOD MARKETS



Free Food Markets: Open to everyone, first come first serve, bring a reusable bag

1 st Friday 2-4pm	Hope Christian Center	721 Trancas St., Napa
1 st Friday 2-4pm	Holy Family Catholic Church	101 Anonina Ave, American Canyon
2 nd Friday 2-4pm	Napa County Health & Human Services	2751 Napa Valley Corporate Way, Napa
3 rd Friday 2-4pm	Ole Health	1141 Pear Tree Lane, Napa
4 th Friday 2-4pm	Napa Spanish Church	1011 Pueblo Ave., Napa
5 th Friday 2-4pm	Covenant Presbyterian Church	1226 Salvador Ave, Napa
3 rd Tuesday 4-6pm	Our Lady of Perpetual Help Church	901 Washington St., Calistoga
1 st & 3 rd Wed 2-3pm	St. Helena Seventh Day Adventist Church	1777 Main St., St. Helena

FARMERS MARKET

Napa Farmers Market: 707-501-3087 or napafarmersmarket.org

Temporarily located at: Oxbow & CIA at Copia parking lot.

Market Hours: Tuesdays & Saturdays 9:00am – 12noon.

Seniors 65+ only: 8:00am – 9:00am

Calistoga Farmers Market

1311 Washington St., (Between Police Station and Sharpsteen museum.)

Market Hours: Saturdays 8:00am – 12noon

No special senior hours.



CalFresh: 707-253-4511 or <https://www.cdss.ca.gov/food-nutrition/calfresh>
CalFresh is for people with low-income who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.

HEALTH

NAPA COUNTY HEALTH AND HUMAN SERVICES

Alcohol & Drug Services Division 707-253-4063 or <https://www.countyofnapa.org/160/Alcohol-Drug-Services>

- **Alcohol and Drug Access:** Our Access phone line is operating as usual. We are providing intake assessments by phone and accepting new clients into treatment services. Intake staff are available Monday-Friday from 8AM to 5PM.

Self Sufficiency Services Division 707-253-4511 or <https://www.countyofnapa.org/361/Self-Sufficiency-Services>

- **Emergency Public Assistance Applications** (phone interviews same day)
 - CalFresh Expedited
 - CalWORKs Immediate Need and Temporary Homeless Assistance
 - Medi-Cal emergencies
 - Other cash programs such as GA and CAPI
- **Public Assistance Applications** (phone interviews)
 - CalFresh
 - CalWORKs
 - Medi-Cal intake
 - CMSP
- **Benefit Card Issuance** (emergencies – pick up by appointment)
 - EBT card issuance for CalWORKs and CalFresh recipients
 - BIC card issuance for Medi-Cal emergencies

Public Health 707-253-4270 or <https://www.countyofnapa.org/243/Public-Health>

- **Communicable Disease Program:** Open. Telephone only. **Call:** 707-253-4231.
- **Immunization Clinic:** Open. Offering lab specimen drop-off only. **Call ahead:** 707-253-4270.
- **Vital Statistics:** Open. Birth certificate requests by mail only. Only death certificates will be issued to funeral homes during this time by appointment. **Call:** 707-253-4506.

Mental Health 707-253-4306

- **Mental Health Access:** Our Access phone line is operating as usual. We are providing mental health assessments via the phone. Mental Health Clinicians are available Monday-Friday 8-5 to provide brief mental health counseling.
- **Crisis Services:** The Crisis Stabilization Unit is open 24 hours a day.

- **Medication Clinic:** Adult medication clinic is open and seeing clients face to face by APPOINTMENT ONLY.
- **Adult Therapy Services:** We are suspending group therapy until further notice. Therapists are providing current clients with individual counseling services over the phone.
- **Adult Case Management Services:** Therapists are providing current clients with counseling and case management services over the phone.
- **Adult and Older Adult Full Service Partnership Services:** Therapists are providing current clients with counseling and case management services over the phone.
- **CONREP Services:** Therapists are providing current clients with counseling and case management services over the phone and face to face by appointment only. Group counseling for CONREP client is provided over the phone.
- **Mental Health Court:** We are providing current clients with individual counseling over the phone.
- **System Navigators:** Mental Health Workers are available for community resources over the phone

MEDICARE



Extra Help Program Income and Asset Limits 2020

If you have Medicare only

Income limit	Asset limit	Program	Copayments
Below \$1,615 (\$2,175 for couples) per month in 2020 ¹ • And your income and/or assets are above Full Extra Help limits	Up to \$14,610 (\$29,160 for couples) in 2020 ² • And your income and/or assets are above Full Extra Help limits	Partial Extra Help Premium depends on your income \$89 deductible or the plan's standard deductible, whichever is cheaper	15% coinsurance or the plan copay, whichever is less After \$6,350 in out-of-pocket drug costs, you pay \$3.60/generic and \$8.95/brand-name or 5% of the drug cost, whichever is greater
Up to \$1,456 (\$1,960 for couples) per month in 2020 ¹	Up to \$9,360 (\$14,800 for couples) in 2020 ²	Full Extra Help \$0 premium and deductible ³	\$3.60 generic copay \$8.95 brand-name copay No copay after \$6,350 in out-of-pocket drug costs

If you have Medicare and Medicaid and/or a Medicare Savings Program

Enrolled in	Income limit	Program	Copayments
Medicaid and/or a Medicare Savings Program	Above \$1,083 (\$1,457 for couples) per month in 2020 ¹	Full Extra Help \$0 premium and deductible ³	\$3.60 generic copay \$8.95 brand-name copay No copay after \$6,350 in out-of-pocket drug costs
Medicaid	Up to \$1,083 (\$1,457 for couples) per month in 2020 ¹	Full Extra Help \$0 premium and deductible ³	\$1.30 generic copay \$3.90 brand-name copay No copay after \$6,350 in out-of-pocket drug costs

Note: Income and asset limits on this chart are rounded to the nearest whole dollar. There's also a \$20 income disregard (factored into the income limits above) that the Social Security Administration automatically subtracts from your monthly unearned income.

¹Income limits are based on the Federal Poverty Level (FPL), which changes every year in February or March. Limits are higher for each additional relative living with you for whom you are responsible.

²Asset limits include \$1,500 per person for burial expenses.

³You pay no premium if you have Full Extra Help and a basic Part D drug plan with a premium at or below the Extra Help premium limit for your area.

HEALTH INSURANCE

Community Health Initiative: 707-227-0830 or <http://www.napachi.org/en>

Working with our community partners, CHI's specially trained, bilingual/bicultural staff reaches out to families in Napa County who need information and assistance in enrolling in affordable health insurance plans, including Medi-Cal, Medicare and Covered California.

HOUSING

Staff from the Housing Authority of the City of Napa, the Napa County Housing and Homeless Services Division are working together with Abode Housing **to identify housing-related funds that can be redirected to assist with the COVID-19 response to renters in all of Napa County.** We encourage those in need of rental assistance to email seasonofsharing@countyofnapa.org or call **707-299-1890** to get on the list for follow-up related to rental assistance programs from government sources. We are experiencing a high demand for services and will strive to return calls as soon as possible.

LEGAL



Bay Area Legal Aid: 707-259-0579 or <https://baylegal.org/get-help/find-an-office/napa-county/>

Provides low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation.

Legal Advice Line: 800-551-5554 or Health Consumer Center 855-693-7285

Due to Covid-19 the office is closed. You can reach Bay Area Legal by telephone and their website will continue to be updated regularly with the most recent information and resources throughout the period of public health emergency.

PHONES & INTERNET



California Phones
Keeping you connected.

California Phones: from the California Telephone Access Program (CTAP) provides free specialized phones and accessories for your mobile phone to all qualified Californians. These devices make it easier to hear, dial, and call. A Program of the California Public Utilities Commission.

Call: 1-800-806-1191 or <https://californiaphones.org/>

Lifeline: Lifeline is a federal program that lowers the monthly cost of phone and internet. Eligible customers will get up to \$9.25 toward their bill. You can only use Lifeline for either phone or internet, but not both.

Call: 800-234-9473 or <https://www.lifelinesupport.org/>



AT&T Access: Access from AT&T provides wireline Home Internet to limited income households who participate in the Supplemental Nutrition Assistance Program or receive Supplemental Security Income benefits in California.

Call: 855-220-5211 or <https://www.att.com/shop/internet/access/#!/>

In response to the public health crisis, Access from AT&T is temporarily:

- Offering **two months of free service** to new customers who order Access by April 30, 2020. \$5/mo or \$10/mo thereafter, depending on your speed.
- **Expanding eligibility** based on income² and to households participating in National School Lunch Program/Head Start
- **Waiving** all home internet **data overage fees**

MENTAL HEALTH



MENTAL HEALTH CRISIS HOTLINES

National Suicide Hotline: 1-800-273-8255

24 Hour Mental Health Crisis Hotline: 888-619-6913

Crisis Text Line: text "GO" to 741741

Trevor Project Hotline: 1-866-488-7386 or text: 678678

Crisis Stabilization Services/Exodus: 707-253-4711

For anyone age 5+ in immediate crisis, needing evaluation and crisis intervention HHS South Campus, 2751 Napa Valley Corporate Way, Bldg. B

MENTAL HEALTH SUPPORT LINES

Napa County Mental Health Access: 707-259-8151 or 800-648-8650

Offers mental health assessments and referrals as well as warm line support (Monday – Friday, 8 a.m. – 5 p.m.) for individuals of all ages who are experiencing anxiety, stress, worry, depression, etc. related to COVID-19.



Health Minds Healthy Aging: English: 707-299-1885 or **Spanish:** 707-299-1884.

Support Monday through Friday, 9am – 5pm for older adults (60+) experiencing heightened anxiety and worry due to COVID-19.

Aldea Bilingual Family Wellness Support Line: 707-543-1152

8am – 8pm, 7 days/week. Help for parents and guardians who are dealing with their children's anxiety and worry due to COVID-19.

National Distress Helpline (SAMHSA): 1-800-985-5990 (English and Español) or text “TalkWithUs” to 66746, Spanish-speakers should text “Hablamos” to 66746.

The Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.

SENIOR SHOPPING



SPECIAL GROCERY AND PHARMACY STORE HOURS FOR SENIORS

(Updated: 5.2.2020)

AMERICAN CANYON – Grocery

GROCERY STORE	SENIOR SHOPPING HOURS		NOTES
Walmart Super Center 7011 Main St (707) 557-4393	Tuesdays	6:00 - 7:00 a.m.	Store Hours: Monday – Sunday 7am – 8:30pm
Walgreens 210 American Canyon Rd (707) 557-0103	Tuesdays	8:00 - 9:00 a.m.	Store Hours: Mon. - Friday: 8:00 a.m. - 9:00 p.m. Saturday - Sunday: 9:00 a.m. - 9:00 p.m. Pharmacy: Monday - Friday: 8:00 a.m. - 9:00 p.m. Sat.: 9:00 a.m. - 6:00 p.m. Sunday: 10:00 a.m. - 6:00 p.m.
Safeway 103 American Canyon Rd (707) 649-5150	Sundays, Tuesdays and Thursdays	6:00 – 9:00 a.m.	Curbside pick up and delivery available. Store Hours: Monday – Sunday, 6 a.m. – 10 p.m.

NAPA – Grocery

GROCERY STORE	SENIOR SHOPPING HOURS		NOTES
Walmart 681 Lincoln Ave. (707) 224-8797	Tuesdays	6:00 - 7:00 a.m.	Can order groceries on line and pick-up. Store Hours: Monday – Sunday 7am – 8:30pm
Whole Foods 3682 Bel Aire Plz (707) 224-6300	Daily	8:00 – 9:00 a.m.	Store Hours: Monday – Sunday, 9 a.m. – 8:00 p.m.
Target (North) 4000 Bel Aire Plz (707) 225-3016	Tuesdays & Wednesdays	8:00 - 9:00 a.m.	Will reserve the first hour of shopping each Tuesday and Wednesday for vulnerable population. Store Hours: Monday – Sunday, 8 a.m. – 9 p.m.
Target (South) 205 Soscol Ave (707) 224-1058	Wednesdays	8:00 - 9:00 a.m.	Will reserve the first hour of shopping each Tuesday and Wednesday for vulnerable population. Store Hours: Monday – Sunday, 8 a.m. – 9 p.m.

Safeway 3375 Jefferson St (707) 225-3037	Sundays, Tuesdays & Thursdays	6:00 – 9:00 a.m.	Curbside pick-up and delivery available. Store Hours: Monday – Sunday, 6 a.m. – 10 p.m.
Lucky 2355 California Blvd (707) 256-3407	Tuesdays & Thursdays	7:00 - 9:00 a.m.	Store Hours: Monday – Sunday: 6 a.m. – 10 p.m.
Lucky 1312 Trancas St. (707) 255-7767	Tuesdays & Thursdays	7:00 - 9:00 a.m.	Store Hours: Monday – Sunday: 6 a.m. – 10 p.m.
Nob Hill Foods 611 Trancas St (707) 224-8583	No senior hours.		Essentials Bags (for seniors and at-risk customers) available for purchase (\$20) at a discounted price. These bags can be picked up daily curbside or in-store. Contains a mix of fresh items and pantry staples. Store Hours: Monday – Sunday, 6 a.m. – 11 p.m.
Raley's 217 Soscol Ave (707) 224-7897	No senior hours.		Essentials Bags (for seniors and at-risk customers) available for purchase (\$20) at a discounted price. These bags can be picked up daily curbside or in-store. Contains a mix of fresh items and pantry staples. Store Hours: Monday – Sunday, 6 a.m. – 11 p.m.
Grocery Outlet 1491 W Imola Ave (707) 294-2054	No senior hours.		Store Hours: Monday – Sunday, 8 a.m. – 10 p.m.
Trader Joe's 3654 Bel Aire Plz (707) 256-0806	Daily	8:00 – 9:00 a.m.	Senior hour is for customers 60+ and those with disabilities. Store Hours: 9:00 a.m. -7:00 p.m.
Brown's Valley Market 3263 Browns Valley Rd (707) 253-1873	No senior hours.		Store Hours: Monday-Sunday, 8:00 a.m. -7:00 p.m.
Ranch Market 4215 Solano Ave. (707) 257-2437	No senior hours.		Home deliveries are available. Store Hours: Monday-Sunday, 6:00 a.m. -8:00 p.m.

UPVALLEY Grocery (Yountville, Oakville, St. Helena, Angwin, Pope Valley, and Calistoga)

GROCERY STORE	SENIOR SHOPPING HOURS	NOTES
Oakville Grocery 7856 St. Helena Hwy Oakville (707) 944-8802	No answer when calling.	Curbside delivery available. Store Hours: Mon. - Saturday: 8:00 a.m. to 4:00 p.m. Sunday: Closed
Ranch Market Too 6498 Washington St. Yountville (707) 944-2662	No senior hours.	No services for seniors. Store Hours: Monday - Sunday: 6:00 a.m. to 8:00 p.m.
Sunshine Foods 1115 Main St. St. Helena (707) 963-7070	See notes.	Deliveries Monday – Friday via volunteers. Shopping limited to 20 shoppers. Call-in orders available Mon - Thurs. Allow 24+ hours before delivery or curbside pick-up. E-mail orders to: sunshinefoodsmarket@gmail.com Store Hours: 7:30 a.m. - 7:00 p.m.

Safeway 1026 Hunt Ave. St. Helena (707) 968-3620	Sundays, Tuesdays & Thursdays	7:00 - 9:00 a.m.	Curbside pick up and delivery available. Store Hours: 7:00 a.m. – 9:00 p.m.
Pope Valley Market 5850 Chiles Pope Valley Rd Pope Valley (707) 965-9922	No senior hours.		No deliveries. No curbside pick up. Primarily a snack store. Store Hours: Monday – Friday: 10:00 a.m. - 7:00 p.m. Saturday: 10:00 a.m. – 6 p.m. Sunday: 10 a.m. – 5 p.m.
Howell Mountain Market 15 Angwin Ave. Angwin (707) 965-6321	Sundays, Tuesdays & Thursdays	8:00 - 9:00 a.m.	No deliveries. No curbside pick up. Store Hours: Monday – Thursday: 7:00 a.m. - 7:30 p.m. Friday: 7:00 a.m. – 5:00 p.m. Sunday: 7:00 a.m. – 7:30 p.m.
Calmart 1491 Lincoln Ave. Calistoga (707) 942-6271	Mondays, Wednesdays & Fridays	8:00 - 9:00 a.m.	Deliveries & Curbside Pick-ups: (65+) and those with medical conditions with phone in orders. Orders taken: Mon., Wed., and Fri., 8:00 a.m. and 11 a.m.. Pick-ups at the loading dock, behind CalMart. Home delivery can be arranged for those with medical conditions unable to leave their homes. Prearranged deliveries will occur between 3 - 4 p.m. To Order: Call 942-6474 and ask for Karen or Barbara, if not available leave a voicemail on ext., 125 or e-mail kmaxfield@calmartnv.com . Store Hours: Mon, Wed, Friday: 9 a.m. – 8 p.m. Tues, Thurs, Sat, Sun: 8 a.m. – 8 p.m.

Napa County Pharmacies (listed from South to North)

PHARMACY	SENIOR SHOPPING HOURS	NOTES	
Walmart Supercenter 7011 Main St American Canyon (707) 557-4393	Tuesdays	6:00 - 7:00 a.m.	Delivery by mail or curbside pick-up - prescriptions only. Call Pharmacy number to arrange – 557-4195 Pharmacy hours: Mon, Wed, Thurs, Fri, Sat: 9 a.m. – 7 p.m. Tuesday: 6 a.m., - 7 p.m. Sunday: 10 a.m. – 6 p.m. Saturday and Sunday closed for break: 1:15 – 2:15 p.m.
Safeway Pharmacy 103 American Canyon Rd (707) 649-5160	Tuesdays, Thursdays & Sundays	7:00 – 9:00 a.m.	Pharmacy hours: Monday, Wednesday, Friday: 9 a.m. – 8 p.m. Tuesday, Thursday: 7 a.m. – 7 p.m. Saturday: 9 a.m. – 5 p.m. Sunday: 7 a.m. – 3 p.m.
CVS 291 South Coombs St. Napa (707) 252-0101	Wednesdays	9:00 – 10:00 a.m.	Prescription delivery (FREE during pandemic). Must Sign-up online with credit card. Prescriptions sent through US Mail. Drive-thru pharmacy. Pharmacy hours: Monday – Friday: 9 a.m. – 8 p.m. Saturday, Sunday: 10 a.m. – 6:00 p.m.

CVS 1558 Trancas St. Napa (707) 252-2844	Wednesdays	9:00 – 10:00 a.m.	Prescription delivery (free during pandemic). Must sign-up online with credit card. Prescriptions sent through US Mail. No drive-thru pharmacy. Pharmacy hours: Monday – Friday: 9 a.m. – 9 p.m. Saturday, Sunday: 9 a.m. – 8 p.m.
Walgreens 1685 Trancas St., Napa (707) 257-1154	Tuesdays	8:00 – 9:00 a.m.	No deliveries. Pharmacy hours: Monday – Friday: 8 a.m. – 9 p.m. Saturday: 9 a.m. – 1:30 p.m., 2 – 6 p.m. Sunday: 10:00 a.m. – 1:30 p.m., 2 – 6 p.m.
Walmart Pharmacy 681 Lincoln Ave., Napa (707) 224-7120	Tuesdays	6:00 – 7:00 a.m.	No drive-thru. Pharmacy hours: Mon, Wed, Thurs, Fri: 9 a.m. – 7 p.m. Tuesday: 6 a.m. – 7 p.m. Saturday: 9 a.m. – 6 p.m. Sunday: 10 a.m. – 6 p.m. Saturday and Sunday closed for break: 1:15 – 2:15 p.m.
Safeway Pharmacy 3375 Jefferson St., Napa (707) 225-3040	Tuesdays, Thursdays & Sundays	7:00 – 9:00 a.m.	Pharmacy hours: Monday, Wednesday, Friday: 9 a.m. – 8 p.m. Tuesday, Thursday: 7 a.m. – 7 p.m. Saturday: 9 a.m. – 5 p.m. Sunday: 7 a.m. – 3 p.m.
Lucky Pharmacy 1312 Trancas St, Napa (707) 255-7400	Tuesdays & Thursdays	7:00 – 9:00 a.m.	Pharmacy hours: Monday – Friday: 9 a.m. – 7 p.m. Saturday: 9 a.m. – 5 p.m. Sunday: 10 a.m. – 5 p.m.
Lucky Pharmacy 2355 California Blvd., Napa (707) 253-1643	Tuesdays & Thursdays	7:00 – 9:00 a.m.	Pharmacy hours: Monday – Friday: 9 a.m. – 7 p.m. Saturday: 9 a.m. – 5 p.m. Sunday: 10 a.m. – 5 p.m.
Rite Aide 1203 W Imola Ave., Napa (707) 255-4218	Mondays & Fridays	9:00 – 10:00 a.m.	No deliveries. Drive-thru pharmacy - prescriptions only. Store Hours: Monday – Thursday: 9 a.m. – 9 p.m. Saturday: 9 a.m. – 6 p.m. Sunday: 10 a.m. – 6 p.m.
Pharmaca 4020 Bel Aire Plz., Napa (707) 253-0975	No senior hours.		Delivery available. Call ahead. Curbside pickup available. Call ahead. Curbside pickup available. Store Hours: Monday – Friday: 9 a.m. – 7 p.m.
Deer Park Pharmacy 6 Woodland Rd. St. Helena (707) 963-5209	No senior hours.		Deliveries to care homes only. Curbside pick-up available. Located on the campus of Adventist Health St. Helena hospital. Store Hours: Monday – Friday: 9 a.m. – 5 p.m. Saturday, Sunday: Closed
Smith's Pharmacy 1390 Railroad Ave. St. Helena (707) 963-2794	No senior hours.		Delivers Mon, Wed & Fri (no charge). Curbside delivery available. Will also deliver other over the counter items if there is a prescription included.

			Store Hours: Monday – Friday: 9 a.m. – 6 p.m. Saturday: 9 a.m. – 5 p.m. Sunday: Closed
Vasconi's Pharmacy 1381 Main St., St. Helena (707) 963-1444	No senior hours.		Delivers Monday thru Friday (no charge). Will also deliver other over-the-counter items. Curbside pick-up also available. Pharmacy hours: Monday – Friday: 9 a.m. – 6 p.m. Saturday: 10 a.m. – 2 p.m. Sunday: Closed
Silverado Pharmacy 1473 Lincoln Ave. Calistoga 707-942-5115			Delivers Monday thru Friday (no charge). Will deliver prescriptions. Pharmacy hours: Monday – Friday: 9:30 a.m. – 6 p.m. Saturday and Sunday: Closed

SENIOR CENTERS



Rianda House: 707-963-8555 or <https://www.riandahouse.org/>
1475 Main St. St. Helena, CA 94574
Monday – Friday 9:00am-4:00pm

Senior Activity Center: 707-255-1800 or <https://www.cityofnapa.org/386/Fun-Over-50>
1500 Jefferson St., Napa, CA 94559
Monday – Friday 8:00am-7:00pm, Sat & Sun 9:00am-1:00pm

American Canyon Senior Multi-Use Center: 707-647-5350
2185 Elliot Dr., American Canyon, CA 94503

TELEPHONE REASSURANCE



Institute on Aging's Friendship Line: 800-971-0016 or <https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

This is both a crisis intervention hotline and a warm line for non-emergency emotional support.

Molly's Angels' Telephone Reassurance Line: 707-224-8971 or <http://www.mollysangels.com/>
Weekly check-in calls to older adults (60+) living alone in Napa County offering a safety check, and friendly conversation, helping to alleviate loneliness and depression.

Covia's Well Connected Program: 877-797-7299 or coviaconnections@covia.org
Offers activities, education, support groups, and friendly conversation over the phone or online.

TRANSPORTATION



Napa Valley Transportation Authority: 707-251-2800 or <https://vinetransit.com/>
625 Burnell St., Napa, CA 94559

In response to the reduced ridership demand on the Vine Fixed Route System in the City of Napa, Routes A through H will transition from fixed route to “stop to stop on demand”. Riders will be able to hail a ride to their stop using the “NVTA Ride the Vine” app, or by calling NVTA’s dispatch line at 707-251-1097. The service changes begin on April 27.

Other service changes currently in effect:

- Regional Service on the 10 and 11 on Monday-Saturday hours have been reduced to typical Saturday Service. Routes 10/11 Sunday service is on the normal Sunday Schedule.
- Fares are waived on all services. Rear door boarding is mandatory on vehicles with more than one door.
- Service on the 10X and 11X have been temporarily suspended.
- The Routes 21 and 29 commuter service are operating on normal weekday schedule.

VineGo ADA Paratransit Services: 707-253-4649

Services remain unchanged but eligibility is being done via telephone.

Molly’s Angels: 707-224-8971

Volunteer medical transportation (Seniors 60+) to doctor, clinic and hospital appointments.

St. Helena Shuttle: 707-963-3007

Hours: Monday - Saturday 9 a.m. – 7 p.m., Sunday CLOSED. \$1 per ride in town.

Calistoga Shuttle: 707-963-4229

Hours: Monday - Saturday 7:00 a.m. - 7:00 p.m. Sunday: 11:00 a.m. - 7:00 p.m.
\$1 per ride in town.

VETERANS

The Department of Veterans Affairs (VA) announced, April 3, a number of actions to provide Veterans with financial, benefits and claims help amid VA's COVID-19 response.

<https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5412>

- For benefit debts, Veterans can contact the VA Debt Management Center at **1-800-827-0648** to make arrangements.
- For health care debts, Veterans can contact the Health Resource Center at **1-888-827-4817** to make arrangements.

VARIOUS AGENCY FLYERS

Click a flyer image to view a full size version of the flyer.

Napa Valley Food Bank

707-253-6128 Fax: 707-253-6161

Food Pantries

Hours of Distribution

Napa	American Canyon
Tuesday's: 8:45am to 11:45pm Wednesday's: 8:45am to 11:45pm Thursday's: 10:45am to 1:45pm Napa Storehouse 1746 Yajome Street Napa, CA 94559	Second & Fourth Tuesday's 3:30pm to 6:00pm Harvest Freewill Baptist Church 240 Rio Del Mar American Canyon, CA 94503

Angwin	North of Yountville
First and Third Thursday's of the month 6:00pm to 9:00pm Angwin Pantry 1 Angwin Avenue Angwin, CA 94508	Tuesday's and Friday's 2:30pm to 4:00pm St. Helena Community Pantry 1777 Main St. (Behind Seventh Day Adventist Church Hall) St. Helena, CA 94574

Calistoga	Pope Valley	Berryessa
Second and Fourth Thursday's 3:00pm - 6:00pm Calistoga Cares 1435 N. Oak St. @Fairgrounds/Tubbs Bldg (707) 942-6642	First Wednesday of the Month 12:00pm - 2:00pm Pope Valley Farm Center 5800 Pope Valley/Chiles Road (707) 965-9102	Third Wednesday's 11:00am to 2:00pm Capell Valley Volunteer Fire Dept. 1062 Capell Valley Road (707) 227-4110

In order to receive food, 1 person per household every 30 days must provide 2 forms of ID, one with current address and one with birthdate. You must also fill out an application upon your first visit and once per year thereafter.

To receive these services you do not need a referral; just go to the location in your geographic area during the hours of service. It is also suggested that you bring at least 6 of your own shopping bags or boxes.



COMMUNITY ACTION OF NAPA VALLEY

Safety Net Food Committee - Napa County

This is a resource guide for people who need food in Napa County. Most options are free, and many locations provide free healthy produce. (Details to living, please email: info@snfc.org)

County Wide Resources: Napa County

Organization	Description	Address	Phone/Website
Cal Fresh - SNAP	Assists low-income individuals and households to purchase nutritional food.	601 Sawyer Way, Ste 101 Napa, CA	707-253-4818 www.cafresh.org
WIC (Women, Infants & Children)	WIC has locations in Napa, American Canyon, Calistoga, and St. Helena to help families with children 0-5 years with supplemental nutrition income.	2731 Napa Valley Corporate Dr. Building B - Napa, CA	707-253-6603 www.wicnapa.org

Ready Made Meals: Napa

Organization	Hours	Address	Phone/Website
Meals-On-Wheels Senior Nutrition	Meals delivered to homebound seniors M-F	2521 Old Sonoma Rd Napa, CA	707-254-6111 www.mow.org
Napa Senior Center Senior Nutrition	Lunch served M-F 11:30 am	1030 Jefferson St Napa, CA	707-254-6111 www.napase.org
South Napa Shelter Abuse Services	Sundays 3:30-5:30, the first 100 will be served	130 Helder Court Napa, CA	707-251-1800 www.southnapashelter.org
The Salvation Army Napa Corps Community program	Lunch served M-F 11:30 am - 12:30 pm. Breakfast/Sundays during the 9:00 am Church service.	540 Franklin St Napa, CA	707-254-6130 www.salvationarmyusa.org
The Table at First Presbyterian Church	Hot meal served M-F 3:00 pm - 4:45 pm	1303 Third St Napa, CA	707-254-6880 www.thetable.org

Groceries/Produce: Napa

Organization	Hours	Address	Phone/Website
Hope Christian Center	1st Friday each month 2:00 pm - 4:00 pm	721 Trancas St. Napa, CA	707-253-6128 www.hopc.org
Meals On Wheels Senior Nutrition	Meals delivered to homebound seniors M-F	2521 Old Sonoma Rd Napa, CA	707-254-6111 www.mow.org
Health & Human Services	Third Friday each month 2:00 pm - 4:00 pm	2751 Napa Valley Corporate Drive - Napa, CA	707-253-6128 www.hhsnapa.org
OLE Health	3rd Friday each month 2:00 pm - 4:00 pm	1141 Pear Tree Lane Napa, CA	707-254-1777 www.olehealth.org
Napa Spanish Seventh Day Adventist Church	4th Friday each month 2:00 pm - 4:00 pm	1011 Pueblo Ave Napa, CA	707-253-6128 www.napase.org
Covenant Presbyterian Church	5th Friday each month 2:00 pm - 4:00 pm	1226 Salvador Ave Napa, CA	707-253-6128 www.cpcnapa.org
Our Lady of Perpetual Help Church	3rd Tuesday 4:30 pm - 6:00 pm	901 Washington St Calistoga, CA	707-253-6128 www.ohpnapa.org
Our Lady of Perpetual Help Church	3rd Tuesday 4:30 pm - 6:00 pm	901 Washington St Calistoga, CA	707-253-6128 www.ohpnapa.org
USDA Food Bag	Third Thursday 4:00 pm - 4:30 pm	1011 Pueblo Ave Napa, CA	707-253-6128 www.usda.gov
USDA Food Bag	Fourth Monday (Jan & Feb) Third Monday (all other months) 10:30 am - 11:30 am	1030 Jefferson St Napa, CA	707-253-6128 www.usda.gov

The United States Department of Agriculture contracts with CAMO's Food Bank to administer its 10 food shelves to low-income Napa County residents once a month from 8 locations. Some typically include peanut butter, cereal, canned fruits and vegetables, pasta and canned meats. NOT - Napa Residents may only access one of the 10 sites.

Safety Net Food Committee Last Updated July 18, 2019 Email: info@snfc.org

FREE FOOD MARKETS

- Open to EVERYONE
- First come, first-served
- Bring a reusable bag




When	Organizer	Address
Every 1st Friday 2-4 PM	Hope Christian Center Holy Family Catholic Church	721 Trancas Street 101 Antonina Avenue, American Canyon
Every 2nd Friday 2-4 PM	Napa County Health & Human Services	2751 Napa Valley Corporate Drive
Every 3rd Friday 2-4 PM	OLE Health	1141 Pear Tree Lane
Every 4th Friday 2-4 PM	Napa Spanish SDA Church	1011 Pueblo Avenue
Every 5th Friday 2-4 PM	Covenant Presbyterian Church*	1226 Salvador Avenue
Every 3rd Tuesday 4-6 PM	Our Lady of Perpetual Help Church	901 Washington Street Calistoga
Every 1st and 3rd Wednesday 2-3 PM	St Helena Seventh Day Adventist Church	1777 Main Street St Helena

Safety Net Food Committee - Napa County

This is a resource guide for people who need food in Napa County. Most options are free, and many locations provide free healthy produce. (Details to living, please email: info@snfc.org)

Ready Made Meals: American Canyon

Organization	Hours	Address	Phone/Website
American Canyon Senior Center	Lunch served M-F 1:30 pm	219C Eliza Drive American Canyon, CA	707-253-6111 www.acsc.org
Meals-On-Wheels Senior Nutrition	Meals delivered to homebound seniors M-F	2521 Old Sonoma Rd Napa, CA	707-254-6111 www.mow.org

Groceries/Produce: American Canyon

Organization	Hours	Address	Phone/Website
Holy Family Catholic Church	First Friday 2:00 pm - 4:00 pm	101 Antonina Ave American Canyon, CA	707-253-6128 www.hopc.org
Napa Valley Food Bank CAMV	Second & Fourth Tuesdays 3:30 pm - 5:30 pm	240 Rio Del Mar American Canyon, CA	707-253-6128 www.napase.org
USDA Food Bag	Third Thursday 4:00 pm - 4:30 pm	1011 Pueblo Ave American Canyon, CA	707-253-6128 www.usda.gov

Ready Made Meals: Angwin, Calistoga, Lake Berryessa, Pope Valley, St. Helena, Yountville

Organization	Hours	Address	Phone/Website
Meals-On-Wheels Senior Nutrition	Meals delivered to homebound seniors M-F	2521 Old Sonoma Rd Napa, CA	707-254-6111 www.mow.org
Our Lady of Perpetual Help Church	3rd Tuesday 4:30 pm - 6:00 pm	901 Washington St Calistoga, CA	707-253-6128 www.ohpnapa.org
Our Lady of Perpetual Help Church	3rd Tuesday 4:30 pm - 6:00 pm	901 Washington St Calistoga, CA	707-253-6128 www.ohpnapa.org
Napa Valley Food Bank CAMV	First & Third Thursday's 6:30 pm - 8:30 pm	1 Angwin Ave Angwin, CA	707-253-6128 www.napase.org
USDA Food Bag	Third Tuesday 4:30 pm - 4:50 pm	275 Cass Way Angwin, CA	707-253-6128 www.usda.gov
Napa Valley Food Bank CAMV	Second & Fourth Thursday's 3:30 pm - 6:00 pm	143C Oak St. (Tubbs building) Calistoga, CA	707-942-6642 www.napase.org
Our Lady of Perpetual Help Church	3rd Tuesday 4:30 pm - 6:00 pm	901 Washington St Calistoga, CA	707-253-6128 www.ohpnapa.org
Our Lady of Perpetual Help Church	3rd Tuesday 4:30 pm - 6:00 pm	901 Washington St Calistoga, CA	707-253-6128 www.ohpnapa.org
Napa Valley Food Bank CAMV	Third Wednesday 11:30 am - 1:30 pm	1062 Capell Valley Road Napa, CA	707-253-6128 www.napase.org
USDA Food Bag	Third Wednesday 11:30 am - 1:30 pm	1062 Capell Valley Road Napa, CA	707-253-6128 www.usda.gov
Napa Valley Food Bank CAMV	First Wednesday 3:30 pm - 6:00 pm	5800 Pope Valley/Chiles Road Pope Valley, CA	707-253-6128 www.napase.org
Napa Valley Farm Center Check-Down	3:30 pm - 6:00 pm	5800 Pope Valley/Chiles Road Pope Valley, CA	707-965-9102 www.napase.org
Napa Valley Food Bank CAMV	Tuesday's, Thursday's, Friday's 3:30 pm - 4:00 pm	1777 Main St, St Helena, CA	707-253-6128 www.napase.org
St. Helena Community Food Pantry	Behind the Seventh Day Adventist church	1777 Main St, St Helena, CA	707-253-6128 www.napase.org
Seventh Day Adventist Church	Third Wednesday 2:30 pm - 4:00 pm	1777 Main St, St Helena, CA	707-253-6128 www.napase.org
USDA Food Bag	Third Thursday & Friday's 2:30 pm - 4:00 pm	1777 Main St, St Helena, CA	707-253-6128 www.usda.gov
St. Helena Community Food Pantry	Behind the Seventh Day Adventist church	1777 Main St, St Helena, CA	707-253-6128 www.napase.org
USDA Food Bag	Third Thursday 12:30 pm - 2:00 pm	801 Yount St Yountville, CA	707-253-6128 www.usda.gov

County Wide Resources: Youth Summer Meals

click on a flyer image to view the full size flyer.

COVID-19 PANDEMIC MENTAL HEALTH RESOURCES

NAPA COUNTYWIDE




A Trust in Us. A Commitment to Service.

Mental Health Crisis Hotlines 24/7

National Suicide Hotline: 1-800-273-8255

Crisis Text Line: Text "GO" to 741741
Crisis counselors are available to listen and help with coping skills

Trevor Project Hotline: 1-866-488-7386 or Text 678678
Crisis intervention and suicide prevention hotline + text message line for LGBTQ Youth

Crisis Stabilization Services / Exodus: 707-253-4711
For anyone age 5+ in immediate crisis, needing evaluation and crisis intervention
HHS South Campus - 2751 Napa Valley Corporate Way, Building B

Mental Health Support Lines

Napa County Mental Health Access: 707-259-8151 or 800-648-8650
Offering warm line support (Monday through Friday 8am-5pm) for individuals of all ages who are experiencing anxiety, stress, worry, depression, etc. related to COVID-19

Aldea Bilingual Family Wellness Support Line: 707-543-1152
8am-5pm, 7 days/week Help for parents and guardians who are dealing with their children's anxiety and worry related to COVID-19

**Mentis Healthy Minds Healthy Aging: English 707-299-1885
Spanish 707-299-1884. 9am-5pm, Monday-Friday. Help for Older Adults (60+) experiencing heightened anxiety and worry due to COVID-19**

**Postpartum Support International: Bilingual helpline 1-800-944.4773
Text 503-894-9453 for peri or post-natal moms**

Mental Health Treatment Resources

Napa County Mental Health Access: Mental Health Assessments and referrals. 707-259-8151 or 800-648-8650

Mentis Mental Health Services: Call Bilingual Intake: 707-255-0966 ext. 132 For all ages available by phone or video | mentisnapa.org

Aldea Mental Health Services: For youth age 5-21 with mental health needs and Medi-Cal coverage, and persons age 12-30 dealing with psychosis call Bilingual Intake: 707-253-0123. Teen's age 14-21 in need of drug & alcohol treatment, regardless of insurance, call 707-255-1855. More information at aldeainc.org

NapaValleyCOAD.org | ReadyNapaCounty.org
UPDATED APRIL 20, 2020

UpValley Senior Services & Resources



TRANSPORTATION

- Calistoga Shuttle | (707) 963-4229**
Hours: Monday - Saturday 7:00 a.m. - 7:00 p.m. Sunday: 11:00 a.m. - 7:00 p.m.
\$1 per ride in town. **[New hours]**
- Molly's Angels | (707) 224-8971**
Volunteer medical transportation (Seniors 60+) to doctor, clinic and hospital appointments.
- St. Helena Shuttle | (707) 963-3007**
Hours: Monday - Saturday 9 a.m. - 7 p.m., Sunday CLOSED. \$1 per ride in town. **[New hours]**
- VineGo Para-Transit (ADA) | (707) 253-4649**
Must qualify for eligibility. Call for assessment— currently being done by phone. Napa Valley transportation for all ages with disabilities.

NAPA COUNTY SERVICES

- Assistance and Information | (707) 253-4248**
- Bay Area Legal Aid | (800) 551-5554 or (707) 259-0579 **[All legal issues]****
Free legal information for all ages. (825) 693-7285 (Healthcare legal issues only.)
- Calistoga Cares (Food Pantry) | (707) 942-6042**
Monthly on 2nd & 4th Thursdays from 3:00 - 6:00 p.m. in the "Rock Room" at the Calistoga Fairgrounds.
- Collabria Care Hospice and Adult Day Services | (707) 258-9087**
- Healthy Minds/Healthy Aging | (707) 299-1885**
In home counseling services. **Currently only phone counseling services.**
- HICAP - Health Insurance Counseling and Advocacy Program | (800) 434-0222**
HICAP can answer your questions on Medicare, Long-Term Care Insurance, Plans and Options. Call (707) 526-4108 to schedule an appointment.
- Meals on Wheels | (707) 253-6111**
- Medi-CAL/Cal-Fresh (Food Stamps) | (707) 253-4511**
- Mentis Mental Health Services | (707) 255-0966**
- Napa County-Social Services/Mental Health Support | (707) 253-4147**
- Rianda House Senior Activity Center | (707) 963-8555**
UpValley senior activity center located at 1475 Main Street in St. Helena, provides programs, support services and classes for older adults.
- Up Valley Village | (707) 815-0217**
Support services available for members of Up Valley Village.

UPVALLEY FAMILY CENTERS
St. Helena Office: 1440 Spring Street, St. Helena, CA 94574 | (707) 963-5010
Calistoga Office: 1300 Cedar Street, Calistoga, CA 94515 | (707) 965-5010
NOTE: Changes to this version of the resource list are highlighted in yellow. UPDATED: April 2020



1475 Main Street, St. Helena, California 94574
(707) 963-8555 | www.riandahouse.org

Community Resources Available in Response to COVID-19

Napa County Helpline: (707) 253-4540 | Napa County Emergency Resources: readynapacounty.org

Adult Protective Services | Napa County
If you suspect that an elder or dependent adult is being physically abused, neglected, or financially exploited, call (toll free) (888) 619-6913

Emergency Financial Assistance | UpValley Family Centers
Residents of Calistoga, St. Helena, and surrounding areas can reach out to UpValley Family Centers to request an appointment to apply for emergency financial assistance. Call: (707) 965-5010 or email: efa@upvalleyfamilycenters.org. Residents of Napa, Yountville, and American Canyon can reach out to On The Move, to request an appointment. Please call: (707) 363-8390 or email: efa@onthemovebayarea.org.

Financial Assistance for Food | CalFresh
To apply, call: Catholic Charities (707) 890-0211, email: rhammar@scharities.org or online: getcalfresh.org.

Hospice & Palliative Services | Collabria Care
Specialized care addressing unique end-of-life needs of individuals and their families. Call: (707) 258-9080.

Information & Assistance for Seniors | Collabria Care & Napa County
Napa County Network for "Information & Assistance" offers referrals to hundreds of Napa County resources and services like caregiver referrals, mental health and financial assistance. For personal assistance in finding a specific resource or navigating the website, call: **Tiffanie Walker (707) 253-4248 or NapaNAI.org**.

Meals On Wheels | Community Action Napa Valley (CANV)
Meals On Wheels is currently delivering ready-to-eat home delivered meals to any adult 60+ (no income requirement) within Napa County. Delivery several times a week. Call: (707) 253-6100, ext. 111, or email: [Lisa DeRose-Hernandez, Program Director at lisa.deroser@can-v.org](mailto:Lisa.DeRose-Hernandez@can-v.org).

Medical Transportation | Molly's Angels
Transportation to and from necessary medical appointments. For details visit their site: mollysangels.com. To schedule transportation, call: (707) 224-8971 or email: mollysangels@mollysangels.com.

Medicare and Insurance Benefits | Health Insurance Counseling & Advocacy Program (HICAP)
Meet with a Medicare benefits and insurance specialist for an individual counseling session. One-hour sessions offered free of charge! Appointments must be pre-scheduled by calling HICAP: (707) 526-4108.

Mental Health Support Line | Napa County Mental Health
Providing phone support (Monday - Friday, 8 am - 5 pm) for individuals of all ages who are experiencing anxiety, stress, worry, depression, related to COVID-19. Call: (707) 259-8151 or (800) 648-8650.

Mental Health Support Phone Line especially for older adults (60+) | Mentis
Experiencing worry or concern over COVID-19? Call: English: (707) 299-1885 or Spanish: (707) 299-1884.

Napa In-Home Support Services (IHSS), IHSS Public Authority, Veterans Office Services: (707) 253-3818.

Support Group for Caregivers of Folks with Memory Loss | Collabria Care
Online support group, providing compassion and resources for individuals caring for loved ones with memory loss. For more details call: **Jill Wood, MSW with Collabria Care at (707) 258-9087, ext. 277.**

Victim Services Advocate Counseling | Napa County District Attorney's Office
If you or someone you know is a victim of a crime, scam, abuse or eviction, or in a crisis situation, contact Napa County District Attorney's Office. Bilingual support available, call: (707) 299-1411.




Older Adult (60+), Free Mental Health Support Line

New Resource to support our most vulnerable community members. Older adults can talk with a mental health professional about fear, anxiety, depression or trauma. This support line is available to any older adult over 60 in Napa County. Please leave a message and someone will return your call ASAP from 9 am to 5 pm.

English: 707-299-1885, Spanish: 707-299-1884
Monday-Friday, 9 am to 5 pm.

Senior (60+), Línea gratuita de apoyo de salud mental

Nuevo recurso para apoyar a nuestros miembros de la comunidad más vulnerable. Adultos de mayor edad pueden hablar con un profesional de salud mental sobre el miedo, la ansiedad, depresión o trauma. Esta línea de soporte está disponible para cualquier adulto mayor de 60 años en el Condado de Napa. Por favor deja un mensaje y alguien devolverá su llamada lo antes posible de 9 am a 5 pm.

Inglés: 707-299-1885, Español: 707-299-1884
Lunes - Viernes, 9 am a 5 pm.

Click a flyer image to view a full size version of the flyer.



If you have lost your job or suffered a decrease in your income because of the Novel Coronavirus, you may be eligible for Emergency Financial Assistance.

To be eligible for Emergency Financial Assistance, you must:

- Live in Napa County
- Meet certain income guidelines based on the number of people in your household
- Not have access to government-sponsored unemployment benefits like EDD or paid family leave benefits.

To **sign up for an appointment** and learn more, please call or email:

- For residents of Calistoga, St. Helena and surrounding areas – please call **(707) 965-5010** or email efa@upvalleyfamilycenters.org. Office hours are 9 am to 5 pm Monday through Friday.
- For residents of Napa, Yountville and American Canyon – please call **(707) 363-8390** or email efa@onthemovebayarea.org. Office hours are 9 am to 5 pm Monday through Friday.

To be eligible for Emergency Financial Assistance, your annual household income must be at or below the figures that follow, based on the number of people in your household.

Number of People in Your Household							
1	2	3	4	5	6	7	8
\$84,350	\$96,400	\$108,450	\$120,500	\$130,150	\$139,800	\$149,400	\$159,050

Please note: Napa Valley Community Foundation provides funding to other nonprofit organizations to administer the EFA program. Please use the phone numbers and email addresses above to sign up for an appointment, as our offices are closed because of the COVID-19 pandemic.

COVID-19 Support for Older Adults

Who do I call if I need support? (707) 253-4540

Food Assistance	Mental Health	Utilities
Health Coverage	Financial Assistance	Housing topics
Testing Information	Health Order Information	General questions

COMPREHENSIVE SERVICES FOR OLDER ADULTS / AREA AGENCY ON AGENCY

- In Home Support Services (IHSS), IHSS Public Authority, Veterans Office Services: **(707) 253-3818**.
- Medi-Cal and CalFresh: **(707) 253-4511**
- Adult Protective Services: if you suspect that an elder or dependent adult is being physically abused, neglected, or financially exploited, call (toll free) **(888) 619-6913**
- Senior Information and Assistance: If you're 60+ years old, find services for food, transportation, housing and caregivers, **(707) 253-4248**

FOOD ASSISTANCE

Meals on Wheels: If you are homebound and 60+ years old and need support accessing meals please call: **(707) 253-6100**.

Family and Community Resource Centers: These centers can help with general questions about food access and provide range of family support services.

- UpValley Family Centers **(707) 965-5010**
- On the Move **(707) 363-8390**
- ParentsCAN **(707) 253-7444**
- Puertas Abiertas **(707) 224-1786**
- Catholic Charities **(707) 890-0211**
- Cope Family Center **(707) 252-1123**

MENTAL HEALTH RESOURCES

Napa County Mental Health offers mental health assessments and referrals as well as warm line support (Monday – Friday, 8 a.m. – 5 p.m.) for individuals of all ages who are experiencing anxiety, stress, worry, depression, etc. related to COVID-19. Call **(707) 259-8151** or **(800) 648-8650**.

Mentis has a phone line Monday – Friday for older adults (60+) experiencing worry or concern over COVID-19. English: **(707) 299-1885** or Spanish: **(707) 299-1884**.

LGBTQ Connection offers LGBTQ-friendly, free, drop-in counseling by phone appointment at **(707) 948-6640**.

ANIMAL WELFARE

Jameson Rescue Ranch: Provides support for food and animal care, especially for individuals who are homebound. Call **(707) 927-3536**.

Napa County Public Information Line: (707) 253-4540

Senior Information and Assistance: (707) 253-4248

ReadyNapaCounty.org • CountyOfNapa.org/coronavirus

Friendship Line California

1 (888) 670-1360

 Institute
on Aging

**Even in these challenging times,
friendship is just a phone call away.**

COVID-19 has changed the way all of us in California connect. Especially the large number of seniors who have found themselves isolated and alone due to the virus. For over forty-five years, the Institute on Aging's Friendship Line has been a vital lifeline for people aged 60 years and older and adults living with disabilities to connect with a caring, compassionate voice ready to listen and provide emotional support. As the nation's only accredited 24 hour hotline, the need for this service has grown exponentially with the arrival of COVID-19 and the host of emotional well-being issues social isolation can bring. Now, thanks to additional funding from The California Department of Aging, we can meet this growing need for Californian seniors and adults with disabilities. Inbound and outbound calls are available now; help us help those who need it - please share with your referral sources and others.

**If you know a senior who needs emotional support,
refer them to the Friendship Line 888.670.1390.**

We're ready to listen 24/7.

 **BAY AREA LEGAL AID**
WORKING TOGETHER FOR JUSTICE

CONTINUED SERVICES



Due to the COVID-19, to protect the health of all clients, visitors and staff we have closed our physical offices. Our attorneys and other staff continue to work to advocate for your rights. You can reach us by telephone, and our website will continue to be updated regularly with the most recent information and resources throughout the period of public health emergency.

For assistance please call:

Legal Advice Line: (800) 551-5554
Health Consumer Center: (855) 693-7285
WWW.BAYLEGAL.ORG = resources and services

Covid-19 Senior Grocery and Pharmacy Hours – updated 5.2.2020

AMERICAN CANYON – Grocery Stores		
GROCERY STORE	SENIOR SHOPPING HOURS	NOTES
Walmart Super Center 7011 Main St (707) 557-4393	Tuesdays 6:00 - 7:00 a.m.	Store Hours: Monday – Sunday 7am – 8:30pm
Walgreens 210 American Canyon Rd (707) 557-0103	Tuesdays 8:00 - 9:00 a.m.	Store Hours: Mon. - Friday: 8:00 a.m. - 9:00 p.m. Saturday - Sunday: 9:00 a.m. - 9:00 p.m. Pharmacy: Monday - Friday: 8:00 a.m. - 9:00 p.m. Sat: 9:00 a.m. - 6:00 p.m. Sunday: 10:00 a.m. - 6:00 p.m.
Safeway 103 American Canyon Rd (707) 648-5150	Sundays, Tuesdays & Thursdays 6:00 – 9:00 a.m.	Curbside pick-up and delivery available. Store Hours: Monday – Sunday, 6 a.m. – 10 p.m.

NAPA – Grocery Stores		
GROCERY STORE	SENIOR SHOPPING HOURS	NOTES
Walmart 681 Lincoln Ave. (707) 234-8797	Tuesdays 6:00 - 7:00 a.m.	Can order groceries on line and pick-up. Store Hours: Monday – Sunday 7am – 8:30pm
Whole Foods 3682 Bel Aire Pk (707) 234-6300	Daily 8:00 – 9:00 a.m.	Store Hours: Monday – Sunday, 9 a.m. – 8:00 p.m.
Target (North) 4000 Bel Aire Pk (707) 225-3016	Tuesdays & Wednesdays 8:00 - 9:00 a.m.	Will reserve the first hour of shopping each Tuesday and Wednesday for vulnerable population. Store Hours: Monday – Sunday, 8 a.m. – 9 p.m.
Target (South) 205 Soscol Ave (707) 234-1098	Wednesdays 8:00 - 9:00 a.m.	Will reserve the first hour of shopping each Tuesday and Wednesday for vulnerable population. Store Hours: Monday – Sunday, 8 a.m. – 9 p.m.
Safeway 3375 Jefferson St (707) 225-3037	Sundays, Tuesdays & Thursdays 6:00 – 9:00 a.m.	Curbside pick-up and delivery available. Store Hours: Monday – Sunday, 6 a.m. – 10 p.m.
Lucky 2330 California Blvd (707) 256-9407	Tuesdays & Thursdays 7:00 - 9:00 a.m.	Store Hours: Monday – Sunday, 6 a.m. – 10 p.m.
Lucky 1312 Trancas St. (707) 235-7767	Tuesdays & Thursdays 7:00 - 9:00 a.m.	Store Hours: Monday – Sunday, 6 a.m. – 10 p.m.
Nob Hill Foods 611 Trancas St (707) 234-8263	No senior hours.	Essentials Bags (seniors & at-risk customers) available for purchase (\$20) at a discounted price. Bags can be picked up daily curbside or in-store. Contains fresh items and pantry staples. Store Hours: Monday – Sunday, 6 a.m. – 11 p.m.

EDD Information from the Webinar

Workforce Service Branch (WSB) Offices
 REMINDER, WSB staff are NOT unemployment, however they can answer general, not claim specific, questions.

Marin & Napa: 707-576-2850
WSBSantaRosaFieldOffice@edd.ca.gov

Lake: 707-262-3116
Mendocino: 707-463-5710
WSBEurekaFieldOffice@edd.ca.gov

Guide to Applying for Unemployment Benefits in California:
<https://unemployment.edd.ca.gov/guide>

How to set up a new Benefit Program Online Login:
https://edd.ca.gov/pdf/pub_ctr/cr2338h.pdf

EDD Coronavirus Information Page:
https://edd.ca.gov/about_edd/coronavirus-2019.htm

Pandemic Unemployment Assistance (PUA) page:
https://edd.ca.gov/about_edd/coronavirus-2019/pandemic-unemployment-assistance.htm

Unemployment Insurance (UI)

- Get info on how to file a new claim or reopen an existing claim.
- Get info on your last payment issued.
- Certify for benefits using EDD Tele-Cert™.
- Request copies of your 1099G tax info.
- Find a local job center.

Open 24 hours per day, 7 days per week.



Automated Self-Service Line

1-866-333-4606

- For general or technical questions.
- How to use UI Online, including registration and password reset.
- EDD Customer Account Number.
- No access to claim or payment info

Open 8 a.m. to 8 p.m. (PT),
7 days per week.

General or Technical Support

1-833-978-2511

- Get help with filing a UI claim.
- Get payment information.

Open 8 a.m. to 12 p.m. (PT),
Monday thru Friday, except state holidays.

Claims Support

1-800-300-5616

 Employment Development Department
State of California