



A Tradition of Stewardship  
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Health & Human Services Agency  
Public Health Division

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## **DIRECTIVE OF THE NAPA COUNTY HEALTH OFFICER REQUIRING ALL PERSONS DIAGNOSED WITH OR LIKELY TO HAVE COVID-19 TO SELF-ISOLATE**

(ISOLATION DIRECTIVE)

DATE OF DIRECTIVE: JUNE 17, 2020

Summary: It is now well established that the virus that causes Coronavirus 2019 Disease (“COVID-19”) is easily transmitted, especially in group settings, and that the disease can be extremely serious. It can require long hospital stays and, in some instances, cause long-term health consequences or death. It can impact not only those known to be at high risk but also other people, regardless of age or risk factors. This is a global pandemic causing untold societal, social, and economic harm. The spread of COVID-19 is a substantial danger to the health of the public within Napa County (the “County”). To help slow COVID-19’s spread, protect vulnerable individuals, and prevent the healthcare system in the County from becoming overwhelmed, it is necessary for the County’s Health Officer to require individuals who have been diagnosed with or are likely to have the COVID-19 virus to self-isolate. This self-isolation requirement protects everyone in the County, including people who are at high risk for serious illness, such as older adults and people with weakened immune systems.

UNDER THE AUTHORITY OF CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101040, 101085, 120175, 120215, 120220, AND 120225, THE NAPA COUNTY HEALTH OFFICER (“HEALTH OFFICER”) DIRECTS AS FOLLOWS:

1. Any person, other than an individual with special needs who requires specialized care, who meets any of the following criteria is required by this Directive to self-isolate and take the other actions listed in Section 2:
  - a. The person has a positive lab test for the COVID-19 virus; OR
  - b. The person has signs and symptoms that are consistent with COVID-19 and are not explained by another preexisting condition within 14 days of being in known “Close Contact” (as defined in below in subsection 2.d) with another person who has or is believed to have had COVID-19; OR
  - c. The person has been informed by a healthcare provider that they are likely to have COVID-19; OR
  - d. The person has signs and symptoms that are consistent with COVID-19 and is awaiting results of testing for COVID-19.

2. Any person who meets any of the criteria set forth in Section 1 must do all of the following:
  - a. The person must immediately self-isolate in that person's residence or another residence, such as a hotel or motel, or at a location provided by Napa County if the person does not have adequate shelter, until both of the following criteria are met:
    - i. At least three days (72 hours) have passed since recovery, defined as the resolution of fever without use of fever-reducing medications AND improvement of respiratory symptoms (e.g., cough, shortness of breath), AND
    - ii. At least ten days have passed since symptoms first appeared, or if the person never had symptoms, then at least ten days have passed since the date they had their first positive COVID-19 test.
  - b. The person must carefully review and **closely follow all home isolation guidelines** listed in the "Home Isolation and Quarantine Guidelines for People with Coronavirus-2019 (COVID-19) Infection and their Household or Close Contacts," issued by the Napa County Public Health, a copy of which is attached to this Directive and which is also available online here: <https://www.countyofnapa.org/2739/Coronavirus>. (Any future changes to the home isolation guidelines that are posted online become part of this Directive without any need to amend or revise this Directive.)
  - c. The person must notify any Close Contact that they need to self-quarantine for fourteen (14) days, pursuant to the Health Officer's **Quarantine Directive**. The person should refer their Close Contacts to the Quarantine Directive and to the "Home Isolation and Quarantine Guidelines for People with Coronavirus-2019 (COVID-19) Infection and their Household or Close Contacts," issued by Napa County Public Health, a copy of which is attached to this Directive and available online here: <https://www.countyofnapa.org/2739/Coronavirus>. This is necessary because Close Contacts of a person who has been diagnosed with or is likely to have COVID-19 have probably also been exposed to COVID-19 and, if infected, can easily spread it to others, even if they have only mild symptoms or no symptoms at all.
  - d. For the purposes of this Directive, a "Close Contact" means a person who:
    - i. Lived in or stayed at the same residence as the person with COVID-19; OR
    - ii. Was an intimate sexual partner of the person with COVID-19; OR
    - iii. Stayed within 6 feet of the person with COVID-19 for at least 15 minutes or more while the person with COVID-19 was not wearing a face mask; OR
    - iv. Had direct contact for any amount of time with the body fluids and/or secretions of the person with COVID-19 (e.g., was coughed or sneezed on, shared utensils with, or was provided care or provided care for them without wearing a mask, gown, and gloves).
3. The intent of this Directive is to ensure that any person who has been diagnosed with or is likely to have COVID-19 avoids contact with others to slow the spread of the COVID-19 virus and mitigate the impact of the virus on members of the public and on the delivery of critical healthcare services to

those in need. All provisions of this Directive must be interpreted to effectuate this intent.

4. This Directive is issued based on best practices regarding the most effective approaches to slow the transmission of communicable diseases generally and COVID-19 specifically, and evidence that the age, condition, and health of a significant portion of the population of the County places it at risk for serious health complications, including death, from COVID-19. The virus can also have a serious impact on other people, regardless of age or other risk factors. Due to the outbreak of the COVID-19 virus in the general public, which is a pandemic according to the World Health Organization, there is a public health emergency throughout the County. Making the problem worse, some individuals who contract the virus causing COVID-19 have no symptoms or have mild symptoms, which means they may not be aware they carry the virus and can inadvertently transmit it to others. Because even people without symptoms can transmit the infection, and because evidence shows that the infection is easily spread, gatherings and other interpersonal interactions could result in transmission of the virus unless the person with COVID-19 self-isolates.
5. This Directive is issued in accordance with, and incorporates by reference, the March 4, 2020 Proclamation of a State of Emergency issued by Governor Gavin Newsom; the March 12, 2020 Proclamation by the Health Officer of Local Health Emergency, which the Napa County Board of Supervisors ratified on March 17, 2020 and continued on April 7, 2020; the March 13, 2020 Proclamation by the Chief Executive Officer/Director of Emergency Services of a Local Emergency, which the Board of Supervisors also ratified on March 17, 2020 and continued on April 7, 2020.
6. If an individual who is subject to this Directive fails to comply with it in willful disregard of public safety, the Health Officer may take additional action(s), which may include issuing an individualized isolation order and seeking civil detention at a health facility or other location, as necessary to protect the public's health.
7. This Directive shall become effective immediately upon issuance and remain in effect until it is extended, rescinded, superseded, or amended in writing by the Health Officer.

IT IS SO DIRECTED:



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Karen Relucio, MD  
Napa County Health Officer

Date: June 17, 2020