

Proclamation



A Tradition of Stewardship
A Commitment to Service

THE BOARD OF SUPERVISORS | NAPA COUNTY, CALIFORNIA

UNPLUG, INTERACT, MOVE WEEK - May 5-11, 2014

WHEREAS, an average of seven hours and 11 minutes per day is spent engaged in screen media among 8- to 18- year olds; and

WHEREAS, children from low-income families (less than \$30,000 annually) spend more time with television and videos and have bedroom television rates more than three times higher than children from middle- and upper-income families; and

WHEREAS, reducing screen time can help prevent childhood obesity; and

WHEREAS, children who spend less time watching television in early years tend to do better in school, have a healthier diet, be more physically active, and be better able to engage in schoolwork in later elementary school.

NOW, THEREFORE, BE IT RESOLVED, that I, Mark Luce, on behalf of the Napa County Board of Supervisors, do hereby proclaim the week of May 5-11 as **Unplug, Interact, and Move Week**, and urge all Napa County residents to turn off non-educational programs, devote time to friends and family, and spend more time being physically active.

A handwritten signature in blue ink that reads "Mark Luce".

Chairman Mark Luce

NAPA COUNTY BOARD OF SUPERVISORS