



A Tradition of Stewardship  
A Commitment to Service



**Public Health**  
Prevent. Promote. Protect.

**PUBLIC HEALTH DIVISION**  
Napa County Health & Human Services Agency

Health and Human Services Agency  
Public Health Division

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## **Zika Virus Information**

*What is the risk of getting Zika virus in Napa County?*

- There is no reason for the general public to be concerned that they are at risk for getting Zika virus in Napa County at this time.
- Zika virus is not circulating in Napa County.
- Napa County Public Health is working together with local healthcare providers to actively test for cases of Zika virus.

*How do you get the Zika Virus?*

- Zika is primarily spread by *Aedes* mosquitos, mostly found in tropical countries.
  - There have been rare reports of sexual transmission.
- At this time Zika is circulating in a number of [countries](#), mostly in Latin America, the Caribbean and Puerto Rico.
- No *Aedes* mosquitos have been found in Napa County.
  - *Aedes* mosquitos have been detected in California, mostly in Southern California, but also in very limited areas in San Mateo and Alameda counties.
  - These California mosquitos have not been linked to the spread of any diseases.

*How can I protect myself from the Zika virus?*

- The best way to protect yourself from the Zika virus is to avoid traveling to [countries](#) where it is circulating.
  - **Pregnant women** are especially advised to consider postponing travel.
- If you must travel to countries where the Zika virus is circulating, take precautions to [protect yourself from mosquito bites](#).
- Everyone can take steps to [prevent mosquito bites in Napa County](#).

## **Zika Virus Information**

### *What is the risk of Zika virus to pregnant women?*

- Recently, Brazil has experienced an increase in cases of the birth defect "[microcephaly](#)," which causes babies to be born with unusually small heads.
- This may be linked to maternal infection with Zika virus, and research is ongoing to understand the connection.

### *What are the symptoms of Zika Virus?*

- Zika Virus generally causes mild symptoms of:
  - Fever
  - Joint pain
  - Rash
  - Red eyes

### *For more information, visit:*

- <http://www.cdc.gov/zika>