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HEALTH UPDATE MARCH 25, 2016

UPDATE: INTERIM GUIDANCE TO PREVENT ZIKA TRANSMISSION AND HEALTH EFFECTS

TO: Healthcare Providers and Hospital ICPs
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CURRENT SITUATION:

On 03/25/2016 the CDC issued new guidance and information to prevent Zika virus transmission and health effects. The California Department of Public Health and Napa County Public Health Division endorse the new CDC guidance and recommend its use throughout California.

CDC MMWR EARLY RELEASE/VOL. 65 SUMMARY:

1) [Update: Interim Guidance for Health Care Providers Caring for Women of Reproductive Age with Possible Zika Virus Exposure — United States, 2016](#)

- Women who have Zika virus disease should wait at least 8 weeks after symptom onset to attempt conception.
- Men with Zika Virus disease should wait at least 6 months after symptom onset to attempt conception.
- **Figure 1.** (page 2) Updated interim guidance: testing algorithm for a pregnant woman with possible Zika virus exposure not residing in an area with active Zika transmission

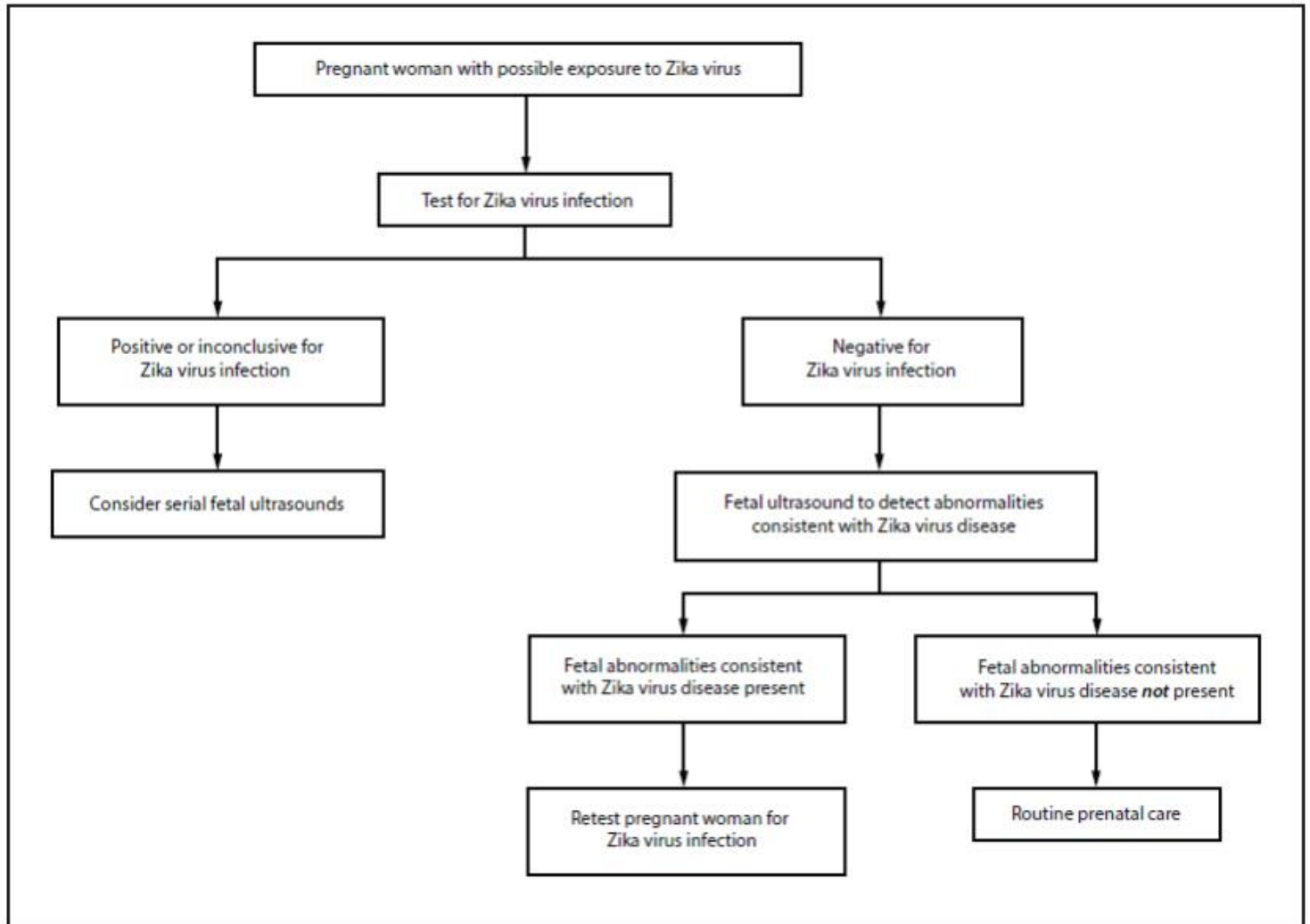
2) [Update: Interim Guidance for Prevention of Sexual Transmission of Zika Virus — United States, 2016](#)

Recommendations for prevention of sexual transmission of Zika virus for couples in which a man has traveled to or resides in an area with active Zika virus transmission

- **Couples in which a woman is pregnant**
 - Couples in which a woman is pregnant should use condoms consistently and correctly or abstain from sex for the duration of the pregnancy.
- **Other couples concerned about sexual transmission**
 - Couples in which a man had confirmed Zika virus infection or clinical illness consistent with Zika virus disease should consider using condoms or abstaining from sex for at least 6 months after onset of illness.
 - Couples in which a man traveled to an area with active Zika virus transmission but did not develop symptoms of Zika virus disease should consider using condoms or abstaining from sex for at least 8 weeks after departure from the area.
 - Couples in which a man resides in an area with active Zika virus transmission but has not developed symptoms of Zika virus disease might consider using condoms or abstaining from sex while active transmission persists.

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FIGURE 1. Updated interim guidance: testing algorithm^{*,†,§,¶} for a pregnant woman with possible Zika virus exposure^{**} not residing in an area with active Zika virus transmission



ZIKA LAB FORM (UPDATED 03/29/2016):

Please note that the Zika Lab form has been updated to include information about the infant and other body fluids and tissues referred for Zika testing.

- [Zika Lab Form](#)
- [Zika Lab Form instructions](#)

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